## Contents

- Overview
- Demographics
- Premature mortality
- Healthcare usage
- Clinical effectiveness
- Lifestyle
- Multimorbidity
**Living Well: South Kent Coast CCG**

**PREMATURE DEATHS**
(under 75 years)

<table>
<thead>
<tr>
<th>Cause of death</th>
<th>% Male</th>
<th>% Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancer</td>
<td>43%</td>
<td>10%</td>
</tr>
<tr>
<td>Circulatory</td>
<td>17%</td>
<td>12%</td>
</tr>
<tr>
<td>Respiratory</td>
<td>23%</td>
<td>7%</td>
</tr>
<tr>
<td>Other</td>
<td>2%</td>
<td>2%</td>
</tr>
<tr>
<td>Other</td>
<td>4%</td>
<td>2%</td>
</tr>
<tr>
<td>Ischaemic heart disease</td>
<td>2%</td>
<td>2%</td>
</tr>
<tr>
<td>Heart disease (other)</td>
<td>2%</td>
<td>2%</td>
</tr>
<tr>
<td>Cerebrovascular diseases</td>
<td>2%</td>
<td>2%</td>
</tr>
<tr>
<td>Neurological conditions</td>
<td>2%</td>
<td>2%</td>
</tr>
<tr>
<td>Infant &amp; congenital conditions</td>
<td>2%</td>
<td>2%</td>
</tr>
</tbody>
</table>

**LIFE EXPECTANCY**
at birth

- Male: 79.2 years
- Female: 82.6 years

**LONG TERM CONDITIONS**
recorded prevalence

- **Diabetes**: 7.3% (Ages 17+)
- **Hypertension**: 16.4%
- **Asthma**: 5.8%
- **COPD**: 2.5%

**MENTAL HEALTH**

- **Depression**: 10.4%
  - Of adults recorded by their GP as having depression

**PREMATURE MORTALITY RATES**
(per 100,000)

- **Most deprived**: 535.5
- **Least deprived**: 273.4

**INEQUALITIES BY DEPRIVATION**


Source: QOF, 2017/18; HES,

Source: NCMP, 2014/15-2015/16 combined

Source: PCMD, 2013-2017

Source: QOF, 2017/18

Demographics

Index of Multiple Deprivation (IMD)
Premature mortality

- Premature mortality from all causes
- Causes of premature death
Premature mortality from all causes: by electoral ward

Age standardised rate per 100,000 people aged under 75 years, classified by underlying cause of death (ICD-10: A00-Y99), 2015-2017

Source: PCMD, prepared by KPHO (RK), Nov-18
Premature mortality from all causes: by electoral ward

Age standardised rate per 100,000 people aged under 75 years, classified by underlying cause of death (ICD-10: A00-Y99), 2015-2017

Source: PCMD, prepared by KPHO (RK), Nov-18

Age standardised rate per 100,000 people aged under 75 years

- Greater than 391.6
- 324.9 to 391.6
- 286.9 to 324.9
- 225.8 to 286.9
- Less than 225.8

Source: PCMD, prepared by KPHO (RK), Nov-18
Premature mortality from all causes: by CCG

Age standardised rate per 100,000 people aged under 75 years, classified by underlying cause of death (ICD-10: A00-Y99), 2015-2017

Source: PCMD, prepared by KPHO (RK), Nov-18
Premature mortality from all causes: trend

Age standardised rate per 100,000 people aged under 75 years, classified by underlying cause of death (ICD-10:A00-Y99), 2010 to 2017

No significant change compared with a decreasing trend for Kent

Source: PCMD, prepared by KPHO (RK), Nov-18
Premature mortality from all causes: by deprivation
Age standardised rate per 100,000 people aged under 75 years, classified by underlying cause of death (ICD-10: A00-Y99), 2010 to 2017

Least deprived trend - stable
Most deprived trend - stable

Source: PCMD, prepared by KPHO (RK), Nov-18
Causes of premature mortality
Underlying cause of death for persons aged under 75 years, 2017

- **Cancer**: 43%
- **Respiratory**: 12%
- **Circulatory**: 17%
- **Other**: 28%

Source: PCMD, prepared by KPHO (RK), Jul-18
## Healthcare usage

<table>
<thead>
<tr>
<th>Category</th>
</tr>
</thead>
<tbody>
<tr>
<td>A&amp;E attendances</td>
</tr>
<tr>
<td>Elective hospital admissions</td>
</tr>
<tr>
<td>Emergency hospital admissions</td>
</tr>
</tbody>
</table>
### Accident & Emergency attendances: by electoral ward

**Age standardised rate per 100,000 resident population, 2015/16-2017/18**

<table>
<thead>
<tr>
<th>Ward</th>
<th>2015/16</th>
<th>2016/17</th>
<th>2017/18</th>
</tr>
</thead>
<tbody>
<tr>
<td>St. Basil's</td>
<td>59,964</td>
<td>55,671</td>
<td>53,796</td>
</tr>
<tr>
<td>Middle Deal and Golden</td>
<td>52,945</td>
<td>51,743</td>
<td>51,713</td>
</tr>
<tr>
<td>Folkstone East</td>
<td>47,367</td>
<td>47,567</td>
<td>46,053</td>
</tr>
<tr>
<td>Folkestone Park</td>
<td>46,053</td>
<td>44,287</td>
<td>42,700</td>
</tr>
<tr>
<td>Mill Hill</td>
<td>43,971</td>
<td>43,916</td>
<td>42,320</td>
</tr>
<tr>
<td>Castle</td>
<td>41,640</td>
<td>39,426</td>
<td>38,071</td>
</tr>
<tr>
<td>Bexhill</td>
<td>36,639</td>
<td>35,127</td>
<td>34,647</td>
</tr>
<tr>
<td>Pevensey and Seaford</td>
<td>31,605</td>
<td>30,433</td>
<td>30,206</td>
</tr>
<tr>
<td>Etchingham</td>
<td>29,063</td>
<td>31,525</td>
<td>35,433</td>
</tr>
</tbody>
</table>

### Source:
Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Accident & Emergency attendances: by electoral ward

Age standardised rate per 100,000 resident population, 2015/16-2017/18

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Accident & Emergency attendances: by CCG

Age standardised rate per 100,000 resident population, 2015/16-2017/18

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Accident & Emergency attendances: trend

Age standardised rate per 100,000 resident population, 2010/11 - 2012/13 to 2015/16 - 2017/18

Increasing with a faster pace of change than Kent

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Accident & Emergency attendances: by deprivation
Age standardised rate per 100,000 resident population, 2011/12 - 2013/14 to 2015/16 - 2017/18

Least deprived trend - increasing with a similar pace of change to England
Most deprived trend - increasing with a similar pace of change to England

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Elective hospital admissions: by electoral ward

Age standardised rate per 100,000 resident population, 2015/16-2017/18

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Elective hospital admissions: by CCG

Age standardised rate per 100,000 resident population, 2015/16 - 2017/18

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Elective hospital admissions: trend

Age standardised rate per 100,000 resident population, 2010/11 - 2012/13 to 2015/16 - 2017/18

No significant change compared with an increasing trend for Kent

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Elective hospital admissions: by deprivation

Age standardised rate per 100,000 resident population, 2010/11 - 2012/13 to 2015/16 - 2017/18

Least deprived trend - increasing with a similar pace of change to England
Most deprived trend - increasing with a slower pace of change than England

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Emergency hospital admissions: by electoral ward

Age standardised rate per 100,000 resident population, 2015/16-2017/18

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Emergency hospital admissions: by electoral ward
Age standardised rate per 100,000 resident population, 2015/16-2017/18

Age standardised rate per 100,000 resident population

- Greater than 11,754.2
- 10,601.0 to 11,754.2
- 9,586.7 to 10,601.0
- 8,649.9 to 9,586.7
- Less than 8,649.9

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18

Living Well in South Kent Coast CCG
Emergency hospital admissions: by CCG

Age standardised rate per 100,000 resident population, 2015/16-2017/18

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Emergency hospital admissions: trend

Age standardised rate per 100,000 resident population, 2010/11 - 2012/13 to 2015/16 - 2017/18

Increasing with a faster pace of change than Kent

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Emergency hospital admissions: by deprivation
Age standardised rate per 100,000 resident population

- England least deprived
- Kent least deprived
- England most deprived
- Kent most deprived

Least deprived trend - increasing with a similar pace of change to England
Most deprived trend - increasing with a similar pace of change to England

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Clinical effectiveness

- Mortality from causes considered avoidable
- Mortality from causes considered amenable
- Mortality from causes considered preventable
- Avoidable admissions for chronic conditions
- Avoidable admissions for acute conditions
Avoidable mortality: by electoral ward

Age standardised rate per 100,000 resident population, for potentially avoidable deaths identified by using underlying cause and age group, 2013-2017

Source: PCMD, prepared by KPHO (RK), Nov-18
Avoidable mortality: by electoral ward

Age standardised rate per 100,000 resident population, for potentially avoidable deaths identified by using underlying cause and age group, 2013-2017

Age standardised rate per 100,000 resident population

- Greater than 251.8
- 209.8 to 251.8
- 180.0 to 209.8
- 140.7 to 180.0
- Less than 140.7

Source: PCMD, prepared by KPHO (RK), Nov-18
Avoidable mortality: by CCG

Age standardised rate per 100,000 resident population, for potentially avoidable deaths identified by using underlying cause and age group, 2013-2017

Source: PCMD, prepared by KPHO (RK), Nov-18
Avoidable mortality: trend

Age standardised rate per 100,000 resident population, for potentially avoidable deaths identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017

No significant change compared with a stable trend for Kent

Source: PCMD, prepared by KPHO (RK), Nov-18
Avoidable mortality: by deprivation

Age standardised rate per 100,000 resident population, for potentially avoidable deaths identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017

Least deprived trend - stable compared with an increasing trend for England

Most deprived trend - stable compared with a decreasing trend for England

Source: PCMD, prepared by KPHO (RK), Nov-18
Amenable mortality: by electoral ward

Age standardised rate per 100,000 resident population, for deaths amenable to healthcare identified by using underlying cause and age group, 2013-2017

Source: PCMD, prepared by KPHO (RK), Nov-18
Amenable mortality: by electoral ward

Age standardised rate per 100,000 resident population, for deaths amenable to healthcare identified by using underlying cause and age group, 2013-2017

Source: PCMD, prepared by KPHO (RK), Nov-18
Amenable mortality: by CCG

Age standardised rate per 100,000 resident population, for deaths amenable to healthcare identified by using underlying cause and age group, 2013-2017

Source: PCMD, prepared by KPHO (RK), Nov-18
Amenable mortality: trend

Age standardised rate per 100,000 resident population, for deaths amenable to healthcare identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017

- South Kent Coast CCG
- Kent

No significant change compared with a decreasing trend for Kent

Source: PCMD, prepared by KPHO (RK), Nov-18
Amenable mortality: by deprivation

Age standardised rate per 100,000 resident population, for deaths amenable to healthcare identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017

Least deprived trend - stable compared with an increasing trend for England
Most deprived trend - decreasing compared with a decreasing trend for England

Source: PCMD, prepared by KPHO (RK), Nov-18
Preventable mortality: by electoral ward

Age standardised rate per 100,000 resident population, for deaths that could be prevented by health intervention identified by using underlying cause and age group, 2013-2017

Source: PCMD, prepared by KPHO (RK), Nov-18
Preventable mortality: by electoral ward

Age standardised rate per 100,000 resident population, for deaths that could be prevented by health intervention identified by using underlying cause and age group, 2013-2017

Maxton, Elms Vale & Priory
Aylesham
Folkestone East
Buckland
Dymchurch & St Mary’s Bay
Folkestone Foord
Folkestone Park
Folkestone Harvey Central
Folkestone Harbour
Folkestone Harvey West
New Romney Town
St Radigunds
Tower Hamlets
Castle

Age standardised rate per 100,000 resident population

- Greater than 210.9
- 174.3 to 210.9
- 144.7 to 174.3
- 118.4 to 144.7
- Less than 118.4

Source: PCMD, prepared by KPHO (RK), Nov-18
Preventable mortality: by CCG

Age standardised rate per 100,000 resident population, for deaths that could be prevented by health intervention identified by using underlying cause and age group, 2013-2017

Source: PCMD, prepared by KPHO (RK), Nov-18
Preventable mortality: trend

Age standardised rate per 100,000 resident population, for deaths that could be prevented by health intervention identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017

Source: PCMD, prepared by KPHO (RK), Nov-18

No significant change compared with a stable trend for Kent
Preventable mortality: by deprivation
Age standardised rate per 100,000 resident population, for deaths that could be prevented by health intervention identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017

- Kent least deprived
- Kent most deprived

Least deprived trend - decreasing
Most deprived trend - stable

Source: PCMD, prepared by KPHO (RK), Nov-18
Avoidable emergency hospital admissions for chronic ambulatory care sensitive conditions: by CCG

Age standardised rate per 100,000 resident population, 2015/16-2017/18

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Avoidable emergency hospital admissions for chronic ambulatory care sensitive conditions: trend

Age standardised rate per 100,000 resident population, 2010/11 to 2017/18

Decreasing with a similar pace of change to Kent

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Avoidable emergency hospital admissions for chronic ambulatory care sensitive conditions: by deprivation

Age standardised rate per 100,000 resident population

- England least deprived
- Kent least deprived
- England most deprived
- Kent most deprived

Least deprived trend - stable with a similar pace of change to England
Most deprived trend - stable with a similar pace of change to England

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Avoidable emergency hospital admissions for acute conditions: by electoral ward

Age standardised rate per 100,000 resident population, 2015/16-2017/18

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Avoidable emergency hospital admissions for acute conditions: by electoral ward

Age standardised rate per 100,000 resident population, 2015/16-2017/18

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Avoidable emergency hospital admissions for acute conditions: by CCG

Age standardised rate per 100,000 resident population, 2015/16-2017/18

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
Avoidable emergency hospital admissions for acute conditions: trend

Age standardised rate per 100,000 resident population, 2010/11 to 2017/18

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18

Increasing with a similar pace of change to Kent
Avoidable emergency hospital admissions for acute conditions: by deprivation

Age standardised rate per 100,000 resident population

England least deprived
Kent least deprived
England most deprived
Kent most deprived

Least deprived trend - increasing with a similar pace of change to England
Most deprived trend - increasing with a similar pace of change to England

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (RK), Nov-18
<table>
<thead>
<tr>
<th>Lifestyle</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Excess weight</td>
<td></td>
</tr>
<tr>
<td>Physical activity</td>
<td></td>
</tr>
<tr>
<td>Smoking</td>
<td></td>
</tr>
<tr>
<td>Fruit and vegetable consumption</td>
<td></td>
</tr>
</tbody>
</table>
Adults classified as overweight or obese: by district

Percentage of adults (aged 18+) classified as overweight or obese, 2016/17

Source: Public Health England (based on Active Lives survey, Sport England), prepared by KPHO (LLY), May-18
Physical inactivity in adults: by district

Percentage of adults (aged 19+) that are physically inactive (<30 moderate intensity equivalent minutes per week), 2016/17

Source: Public Health England (based on Active Lives, Sport England), prepared by KPHO (LLY), May-18
Smoking prevalence in adults: by district

Percentage of adults (aged 18+) who are self-reported smokers, 2017

Source: Annual Population Survey (APS), prepared by KPHO (RK), Jul-18
Smoking prevalence in adults: trend
Percentage of adults (aged 18+) who are self-reported smokers, 2012 to 2017

Source: Annual Population Survey (APS), prepared by KPHO (RK), Jul-18
Fruit and vegetable consumption in adults: by district

Percentage of adults (aged 16+) meeting the recommended '5-a-day' on a 'usual day', 2016/17

Source: Public Health England (based on Active Lives, Sport England), prepared by KPHO (LLY), May-18
Multimorbidity

- Multimorbidity prevalence
- Prevalence of long term condition combinations
Multimorbidity (developmental statistics): by CCG

Patients recorded by their GP as having 2 or more long-term conditions, age standardised rate per 100,000 people, 2017

Source: Kent Integrated Dataset (KID), prepared by KPHO (TG), Apr-18
Multimorbidity (developmental statistics): Prevalence of long term condition combinations

Patients recorded by their GP as having specific combinations of long term conditions, Kent, March 2018

Source: Kent Integrated Dataset (KID), prepared by KPHO (TG), March 2018

* Figures relate to persons resident in Kent and registered at a GP participating in the KID in March 2018