# Kent Pharmaceutical Needs Assessment

NHS Canterbury and Coastal Clinical Commissioning Group

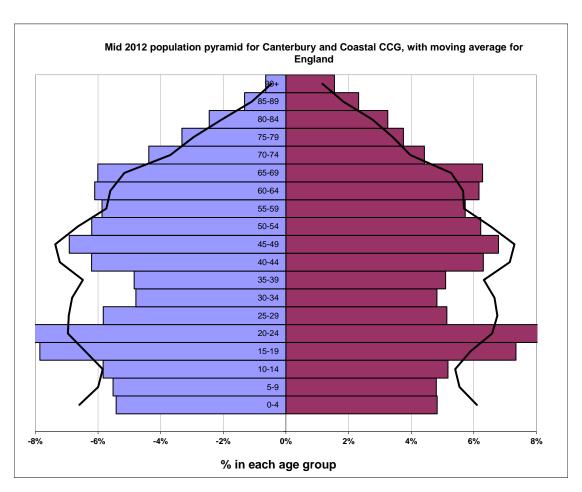
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#### Introduction

This document has been written as part of the main Kent Pharmaceutical Needs Assessment (PNA) to allow judgements to be made using local data. This document should be read in conjunction with the main Kent PNA. The CCG area was divided into three separate localities, Canterbury central, North Kent Coast and Faversham for the purposes of this assessment.

Canterbury and Coastal Clinical Commissioning Group (Canterbury and Coastal CCG) covers patients from 22 practices, with a registered practice population of just under 216,000. The CCG covers the same area as Canterbury City Council along with parts of Swale Borough Council (around Faversham) and Dover District Council (around Sandwich).

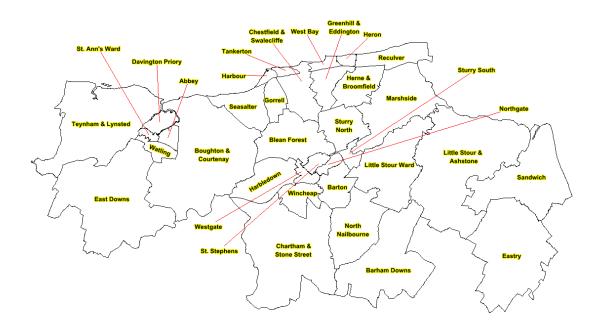


It is important to recognise that patients resident in the CCG area cannot be presumed to be registered exclusively with Canterbury and Coastal primary care teams. Generally though, the vast majority of Canterbury and Coastal residents are registered with practices in Canterbury and Coastal CCG.

Detailed maps showing the population density, projected population growth and the ethnicity of Canterbury and Coastal CCG residents can be found in the supplementary information for Canterbury and Coastal CCG in Appendix A.

The proportion of 15 - 29 year olds living in the Canterbury local authority area is far greater than the national average. This reflects the high percentage of students residing in Canterbury. The proportion of the population in all categories above age 60 is also higher than the national average. This will have an impact on health services because people over 60 will generally have greater health needs and service usage.

Practice data<sup>1</sup> shows that out of a practice population of 215,736 there are 20,808 children aged 0-9 living in the area (9.6%), 42,939 people who are over 65 in Canterbury and Coastal (19.9%), 31.0% of whom are living alone and 4.0% of whom are living in Care homes<sup>2</sup>. These age groups are considered to be the main users of pharmaceutical services.



#### Prime electoral wards within Canterbury and Coastal CCG area

Final version March 2015

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<sup>&</sup>lt;sup>1</sup> PCIS practice data June 2014

<sup>&</sup>lt;sup>2</sup> ONS Crown Copyright Reserved [from Nomis on 21 August 2014]

The Canterbury and Coastal average life expectancy is 81.3 years. Generally, there is an association between lower life expectancy estimates and higher levels of relative deprivation. The most deprived areas are in the centre of Canterbury and areas along the North Coast such as Seasalter and parts of Faversham. More information is available in the Canterbury and Coastal CCG Health Profile which can be found at <a href="http://www.kmpho.nhs.uk/jsna/">http://www.kmpho.nhs.uk/jsna/</a>

#### **Care Homes**

There are a considerable number of care homes in the Canterbury and Coastal area. Patients who are looked after in a care home setting are often high users of medicines. However because of the nature of their care, they rarely access pharmaceutical services individually, leaving this to be carried out by the care home staff. More recently care home organisations do not use local pharmacies for this service, favouring the large "hub" or "internet" pharmacies which specialise in this type of one-stop service. Therefore there is not considered to be any relationship between the number of care homes and the need for local pharmaceutical services.

# Pharmaceutical Services in NHS Canterbury and Coastal CCG

There are two ways that patients can access pharmaceutical services within the Canterbury & Coastal CCG area. They are through community pharmacies or through a dispensary within a GP practice (dispensing practices). Appliances can be obtained through both of these methods or through a specific appliance contractor. Appliance contractors usually provide a service nationally and there are two based in the Kent area.

Patients can also request to have their prescriptions (especially repeat prescriptions) sent electronically (EPS) to a pharmacy of their choice, such as one close to their work place or near their home. This means that positioning a pharmacy next to a GP practice is no longer as important.

Ratio of number of pharmaceutical service providers (community						
pharmacies & GP dispensing practices) per 100,000 population						
Locality	Number of	Practice	Ratio/100,000			
	providers	Population	population			
NHS Canterbury and Coastal CCG	48	215,736	22			
Kent			22			
England	-	-	23			

### **Community Pharmacy**

There are 40 community pharmacies who are registered on the Kent NHS pharmaceutical list as providing the full range of NHS pharmaceutical services and located within the Canterbury and Coastal CCG area.

NHS Canterbury and Coastal CCG - Community Pharmacies		
Total number of Community Pharmacies providing NHS	40	
pharmaceutical services		
Number of standard 40 hour pharmacies	33	
Number of 100 hour pharmacies	5	
Number of mail order/internet pharmacies	2	
Number of appliance contractors	0	
Number of pharmacies offering electronic prescription service	38	
(EPS)		

A list of all the pharmacies located within Canterbury and Coastal CCG can be found in Appendix B.

# Standard 40 hour community pharmacies.

These are pharmacies which are registered as providing at least 40 'core' pharmacy hours per week. These hours are usually 8 hours daily, Mon – Fri but are agreed at the time of application to join the register.

Pharmacies cannot change their 'core' hours without prior agreement with NHS England.

Many of these pharmacies also provide supplementary opening hours, often opening slightly later in the evening and on Saturdays and Sundays.

Pharmacies can change their supplementary hours if they so desire, as long as NHS England receives the statutory 3 months' notice.

#### 100 hour pharmacies

These are pharmacies which have to be open for a minimum of 100 hours per week with the hours being agreed with NHS England.

#### Mail order/internet pharmacies

These are pharmacies which provide pharmaceutical services via mail order or the internet. They are not accessible to the general public. There are two mail order/internet pharmacies based in the Canterbury and Coastal area.

A review of all opening times was carried in May 2014 using data provided by NHS England which is available on NHS Choices. It was considered that there is adequate provision of pharmaceutical services through pharmacies and dispensing surgeries for the majority of the day between 8am and 6.30pm. Services between 6am and 8 am and between 6.30pm and 11pm are provided at strategic points across the area. Out of Hours providers of medical services provide access to urgent medical care including urgent medicines between 11pm and 7am.

Subsequent changes to opening times since May have been taken into account and the opening times of all pharmacies along with the additional services that they offer can be found on NHS Choices. NHS England has the responsibility for maintaining NHS Choices.

http://www.nhs.uk/Service-Search/Pharmacy/LocationSearch/10

# **Appliance contractors**

Appliance contractors provide appliances only, which are defined in Part IX of the Drug Tariff (e.g. ostomy, colostomy appliances) and these often require tailoring to meet the need of individual patients. There are no appliance contractors located in the Canterbury and Coastal area.

# Essential Small Pharmacy Local Pharmaceutical Services (ESP LPS) scheme.

The ESP LPS scheme provided financial assistance to pharmacies which are deemed to be essential for the provision of pharmaceutical services to a local population, but would otherwise be unviable.

This scheme finished in 2011 but has been extended by the Department of Health for current ESPLPS contracts although our understanding is that it is due to finish completely on 31<sup>st</sup> March 2015. There is one ESPLPS pharmacy in Canterbury and Coastal CCG, which is located near the University campus. NHS England local Area Team will be reviewing the need for extra support to this pharmacy.

Opening times of all pharmacies along with the additional services that they offer can be found on NHS Choices

http://www.nhs.uk/Service-Search/Pharmacy/LocationSearch/10

#### Dispensing practices.

NHS Canterbury and Coastal CCG – Dispensing practices		
Total number of GP surgeries providing pharmaceutical services to their patients	7	
Total number of sites (including branches) providing pharmaceutical services to their patients	8	

A list of all the dispensing doctors located within Canterbury and Coastal CCG can be found in Appendix C

Dispensing doctors have rights to provide limited pharmaceutical services to their patients with the patient's permission. This is mainly for patients in rural (controlled) areas where the most rural of patients would have problem accessing medicines. The surgery has to be registered to provide pharmaceutical services and can only dispense to their own patients who must be resident in an area which is rural in character, known as a controlled locality, at a distance of more than one mile (1.6km) from a pharmacy's premises. Surgeries must always give these patients the choice of obtaining their medicines through the GP dispensary or being allowed to take their prescription to a community pharmacy of choice.

Patients who live within the 1.6km radius who are unable to access the pharmacy and wish their GP surgery to dispense their medication can, in exceptional circumstances, apply for consideration as a serious difficulty case. All applications for 'serious difficulty' must be made to NHS England

#### **Controlled localities**

A 'controlled' locality is an area which is deemed to be rural in character. Until 1 April 2013, PCTs determined whether areas were rural in character, and published maps with any such rural areas (controlled localities) delineated on those maps.

Any areas determined to be controlled localities (or not controlled localities) cannot be considered again for a period of five years. On 1 April 2013, NHS England took over the maps produced by PCTs and became responsible for determinations of controlled localities. An explanation of controlled and not-controlled localities, rurality reviews and definitions of rural and urban can be found in the main Kent PNA document

Maps showing the controlled areas and the 1.6km boundaries around pharmacies in the Canterbury and Coastal CCG location, can be found in Appendix A.

The pharmaceutical services which are provided by community pharmacies and by dispensing doctors are laid down in statute in the NHS Pharmaceutical Services Regulations 2013. Pharmaceutical services from community pharmacies comprise of essential, advanced and enhanced services. Explanations of these services can be found in the main Kent Pharmaceutical Needs Assessment. Pharmaceutical services from dispensing practices do not have to provide all the 'essential' services. They mainly provide dispensing services and the advanced service of Dispensing review of the Use of Medicines (Drums).

All Canterbury and Coastal pharmacies must provide the Essential services and a map showing which ones provide the Advanced services of Medicine Use reviews (MURs) and New Medicines Service (NMS) can be found in Appendix A.

#### Pharmaceutical services out of hours

The Canterbury and Coastal CCG area currently has five 100 hour pharmacies, two of which are located in Faversham town centre, one in Herne Bay, one in Whitstable and one in Canterbury city centre. These provide services from early in the morning until late at night Monday to Saturday and are open on a Sunday

There are no 100 hour pharmacies in the Sandwich area although there are several nearby in Thanet and Deal.

Access to medicines via 100 hour pharmacies is considered to be especially important in areas which are deprived, especially if there is a high number of children aged 0-9 and/or elderly people over 65 who are living alone with no family/carer support.

Access to medicines outside these times, is commissioned from the local outof-hours medical services provider, who has available essential and urgently needed medicines, as agreed in the *National Out of Hours Formulary* and are supplied where the need for them cannot wait until the 100 hour pharmacy opens.

#### Walk in centres

There are walk in centres at Kent and Canterbury Hospital in Canterbury, Estuary View in Whitstable and Faversham Cottage Hospital which treat minor injuries and minor ailments. These services are available from early in the morning until late in the evening.

#### Rota services

NHS England manages a voluntary rota service for days when there are no pharmacies open at all. This is usually Christmas Day and Easter Sunday but may include other Public and Bank holidays if required.

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#### Public Health services provided through pharmacies.

Many community pharmacies are also commissioned by local authorities to provide public health services on a 'needs' basis These are not classed as pharmaceutical services as they are provided by other healthcare providers as well.

Examples of these are smoking cessation, NHS Healthchecks and sexual health.

For completeness we have included maps showing where these services are available and published them alongside the PNA.

#### **Enhanced services managed by NHS England**

Various enhanced services which were commissioned by the former PCTs are currently being reviewed by NHS England. These services include various bespoke services such as warfarin monitoring and access to palliative care drugs. These services are not necessarily pharmacy specific and are therefore may not considered to be pharmaceutical services. These are not being assessed as part of the PNA until the results of the review are complete.

For completeness we have included maps showing where these services are available and published them alongside the PNA.

#### CCG services provided through community pharmacies.

These are not necessarily pharmaceutical services and therefore not considered as part of the PNA. However for completeness we are including maps of such services where the information is available.

Currently we have not been informed of any services that Canterbury and Coastal CCG commissions through community pharmacies

#### Non NHS and private services

Pharmacies also provide many other services to the public which are not part of NHS pharmaceutical services and therefore not paid for by the NHS or Local Authority. These can include delivery services, provision of medicines in multi-compartment aids, travel medicines and the sale of over the counter (OTC) medicines. All of these services may attract an additional charge. These services will not be included as part of the PNA.

# Healthy Living Pharmacies

Please see the main Kent PNA for an explanation of the concept of Healthy Living Pharmacies. Becoming accredited as a Healthy Living Pharmacy is not mandatory and is not a pharmaceutical service and therefore not considered as part of the PNA.

Currently Canterbury and Coastal CCG has 2 community pharmacies who have met the accreditation as a Healthy Living Pharmacy. Please see map in Appendix A for details.

# Housing

Like most of Kent, considerable new housing is expected to be built in the Canterbury and Coastal area over the next 20 years. The local plans suggests this will increase by roughly 800 pa in the years 2011-2031. There is also the potential for infilling within the Canterbury City area and along the coastal area. Such areas will be reviewed regularly especially if the house building changes the landscape from rural to urban.

# Fastern and Coastal Kent PNA 2011.

As part of this assessment, reference was made to the previous one carried out in 2011 by Eastern and Coastal Kent Primary Care Trust. It was noted that this assessment stated the following. (wording in italics)

#### Across the whole PCT area.

**Rurality.** There are a number of areas in Eastern and Coastal Kent which have not yet been determined as Controlled Localities but where some practices have historic dispensing rights. These determinations are a priority and the Pharmacy Regulations Committee has undertaken to complete these as soon as possible.

#### 100 Hour Pharmacy Contracts.

Through the consultation many people indicated the value of being able to access pharmaceutical services beyond the normal pharmacy contractual hours of 40 hours per week.

Given the above feedback it is NHS Eastern and Coastal Kent's intention not to allow those pharmacies with 100 hour contracts to reduce them to a 40 hour contract. Additionally, evidence through consultation shows the need for 100hr contract provision on the Isle of Sheppey and in the town of Dover.

#### And for the Canterbury and Coastal area in particular

The number of pharmacies and dispensing doctors and the positions they are in are adequate for the area and we feel they meet the need of local people therefore we have no plans to increase the provision of essential and enhanced services, but given the pharmacy on the university campus is potentially at risk of being unviable when the essential small pharmacy scheme ends, we will need to review the provision and needs of those served by the pharmacy when this happens.

We have looked at these recommendations again and note.

#### Rurality

All of the areas in NHS Canterbury and Coastal CCG have been reviewed and are designated as either controlled or not controlled.

#### **Pharmacy Contracts**

There has been an increase in the number of pharmacies within the area since 2011 especially the '100 hour' pharmacies of which there are now five across the area.

The pharmacies serving outlying or rural areas such as Seasalter, Sturry and Bridge are considered to be essential to these areas and must be preserved especially where the population of these areas are under 10 or over 65 and likely to need more pharmaceutical services.

The pharmacy on the university campus is potentially at risk of being unviable when the essential small pharmacy scheme ends, and therefore there will be a need to review the provision and needs of those served by this pharmacy when this happens.

# Conclusions and recommendations

We therefore recommend that for the NHS Canterbury and Coastal CCG area:

The current provision of pharmaceutical services is good and provides the pharmaceutical needs of the population on the whole.

The provision of '100 hour' pharmacies needs to be maintained.

The provision of rural pharmacies needs to be maintained

The service provided by the pharmacy at the university needs to be reviewed.

The provision of new housing in the Canterbury and Coastal CCG area needs to be reviewed regularly.

## **Document Version Control**

Version	Date	Author(s)	Comments
Draft 1	25/08/14	Cheryl Clennett	1 <sup>st</sup> draft
Draft 2	27/08/14	PNA Steering	Minor amendments made after
		group	meeting of PNA SG
Draft 3	17/09/14	KCC HWB	Changes after HWB meeting
Draft 4	27/09/14	K&M LAT	Minor changes by K&M LAT
Draft 5	18/02/15	PNA Steering	Changes post consultation
		group	
Final	20/03/15	PNA steering	Final checks prior to publication
Version		Group	after approval from HWB