KENT PUBLIC HEALTH **BSERVATORY**

Health and Social Care Bulletin



Your guide to what's new in public health and social care locally and nationally

05 October 2018

This bulletin brings together the latest public health and social care news, publications and information with direct links to full content. For more documents and previous issues of the Bulletin, go to

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Accident and Emergency

NIHR Signal: The proportion of patients not transported to emergency departments after an ambulance is called varies across the country (2/10/18)

NIHR reports that research has found that around half of people across the country who make urgent calls for an ambulance are not taken to hospital. The study supports previous reports that patients are positive towards nonconveyance, however, reported re-contact and mortality rates need system-level understanding.

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Cancer/Stroke/Cardiovascular

Is breast cancer linked to processed meat? (03/10/18)

The International Journal of Cancer has published a review of 15 studies on more than a million women. The study concluded that women who ate high levels of processed meat had a 9% increased risk of breast cancer compared with those who ate little of it. The study backs up previous WHO findings, which says processed meats cause cancer. However experts say the actual risk for individual women is "very small". See Also: Alcohol causes 1 in 13 breast cancers

Australia to lead the way on beating cervical cancer (03/10/18)

A <u>study published in the Lancet</u> predicts that cervical cancer will be classified as a "rare cancer" in Australia by 2022, when it should drop to less than six cases per 100,000 people.

Scientists attribute the progress to national prevention programmes. A national screening programme began in 1991. In 2007, Australia became one of the first countries to introduce a Human Papilloma Virus (HPV) vaccination scheme for girls, which was later extended to boys.

Government announces plans for earlier diagnosis for cancer patients (03/10/18)

As part of the long-term plan for the NHS, a <u>package of measures</u> will be rolled out across the country with the aim of seeing 3 out of 4 of all cancers detected at an early stage by 2028.

The plan will:

- ·overhaul screening programmes
- •provide new investment in state-of-the-art technology to transform the process of diagnosis
- boost research and innovation

The Government has an ambition to see 55,000 more people in England surviving cancer every year.

Adult cancer patients in England to receive new treatment (05/10/18)

Adult cancer patients in England will receive a new game-changing therapy treatment under the <u>first negotiated deal</u> of its kind struck in Europe, NHS England chief executive Simon Stevens announced today.

This is the first time adult NHS patients will have access to CAR-T, and follows a deal NHS England reached last month to make CAR-T available for children and young people with a rare form of leukaemia.

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Children/Young People/Families

Children in need census 2019 to 2020: guide (01/10/18)

Guide for local authorities submitting children in need census 2019 to 2020 returns.

The Government's 'What Works Centre' launches £2m fund to explore devolving budgets to social workers (26/09/18)

What Works Centre for children's social care has announced £2m is available. Best-practice facility's Change Programme is partnering with councils to 'move services closer to families', and will also see practitioners sited in schools.

Families and the labour market England: 2018 (03/10/18)

The <u>latest statistical release</u> on How the employment of men and women aged 16 to 64 years with children has changed over the past two decades and what the current picture looks like.

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Commissioning and Economics

Why reducing parental conflict matters for local government (27/09/18)

A new Early Interventions Foundation (EIF) <u>sector briefing</u> sets out how local government service commissioners and workforces can understand and address the risks to children associated with long-term, intense and poorly resolved conflict between parents

Alcohol, drugs and tobacco: commissioning support pack (04/10/18)

Annual support pack on smoking, drinking and drug misuse for commissioners of tobacco control, drug and alcohol services for adults and young people.

The guidance covers planning for:

- •alcohol harm prevention, treatment and recovery in adults
- •drugs prevention, treatment and recovery in adults
- substance misuse interventions for young people
- •local smoking and tobacco control interventions

See also:

Liver Disease Profiles (Public Health England Statistics, October 2018)

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Communities and Local Government

GP Partnership Review: interim report (04/10/18)

The GP Partnership Review: interim report describes progress so far and outlines the challenges facing the partnership model.

Questions and answers about the Partnership Review

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Drugs/Alcohol

Cannabis 'more harmful than alcohol' for teen brains (03/10/18)

Researchers from the University of Montreal have conducted a <u>study</u>, published in the American Journal of Psyciatry, which <u>concluded that</u> the impact of use on cannabis on thinking skills, memory and behaviour was worse than that of teenage drinking.3,800 adolescents over four years, starting from around the age of 13. Cannabis is thought to be the most widely used illegal drug in the UK.

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Education

New education and skills measures (02/10/18)

<u>New measures</u> have been announced to 'make sure every child has access to a world-class education at every stage of their lives, regardless of their background'.

See: Workforce Development

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Environment/Transport/Housing

Social housing: a new generation of council housing (03/10/18)

The Government has announced that <u>borrowing restrictions will be removed</u> to enable councils to deliver new homes, which will enable up to 10,000 additional homes to be built a year.

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Health Care

Acute medical care in smaller hospitals (04/10/18)

Smaller hospitals are struggling with staff shortages, growing costs and increasingly complex models of care for acutely ill patients. A major <u>new report</u> outlines a set of radical new approaches for running acute medical services in these institutions. It suggests clossure is not always the answer.

Briefing Paper: NHS continuing health care in England (27 September 2018)

This House of Commons <u>briefing paper SN/SP/6128</u> is intended to help MPs respond to queries from constituents about eligibility to NHS continuing health care in England. It covers the national framework, dispute resolution and refunds guidance. Equivalent provision in Scotland, Wales and Northern Ireland is also covered.

See also National Continuing Care Framework document and associated tools (updated 1st October 2018).

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Health Protection/Emergencies

Help Us Help You' winter campaign series launched (10/18)

NHS England and PHE are launching a series of winter campaigns, under the brand 'Help Us Help You'. The 'Help Us Help You' brand brings together a family of campaigns incorporating messages about flu, staying well in winter, NHS 111, pharmacy and extended GP hours.

The first two phases of the campaign launch in October: NHS 111 on 1 October and Stay Well this Winter on 8 October. The campaign series aims to help people understand how to navigate the NHS and get the right help and advice they need in the most timely and appropriate way. It encourages people to take appropriate actions – whether that's getting the flu vaccination or accessing the most appropriate service – to better enable the NHS to help them. The 'Help Us Help You' Flu campaign with have a particular focus this year on pregnant women, parents of children aged 2-3 and adults with underlying health conditions. Find the flu blog here

Help Us Help You: Webinair

#helpushelpyou

Influenza-like illness (ILI): managing outbreaks in schools (01/10/18)

<u>Guidance</u> for local PHE Centre health protection teams about assessing and managing outbreaks of influenza-like illness in schools. **See also**: 'Help Us Help You' Flu Immunisation Campaign launching on 8 October

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Information/Evidence/Research/Ethics

Charity Commissions purpose: new Statement of Strategic Intent (04/10/18)

The Charity Commission has <u>published its core purpose and our priorities</u> for the five years to 2023. The new purpose, to ensure charity can thrive and inspire trust so that people can improve lives and strengthen society, will inform everything the Commission does. The new purpose and Statement of Strategic Intent do not replace the Commission's statutory objectives. Regulation is a means to an end, not an end in itself.

Approaches to better value: improving quality and cost (04/10/18)

Kings Fund has published a <u>new report</u> which shares learning and insight from 3 NHS hospital trusts, looking at developing better value service. The report suggests a wide wide variety of approachs are being taken to improve value in the NHS. There are several common conditions for success.

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International

PHE Global Health work (05/10/18)

Public Health England is working with Nigeria as part of a new International Health Regulations (IHR) Strengthening Project, to work together to strengthen global health security funded through the Department of Health and Social Care UK Aid budget. More details about PHE global work can be found <a href="https://example.com/here/beatth/security-new-to-strength-ne

Tuberculosis by country: rates per 100,000 people (03/10/18)

<u>Estimated rate of tuberculosis (TB) per 100,000 people</u>, compiled from World Health Organisation (WHO) data for each country.

Legislation/Crime/Prisons

Government to launch £200m youth fund to tackle violent crime (02/10/18)

Home Secretary Sajid Javid announced the establishment of <u>a new £200m fund</u> to support initiatives tackling youth violence. A youth endowment fund to tackle violent crime "hotspots" over the next decade - equivalent to £20m a year – aims to tackle serious youth crime. It will support projects that help vulnerable children aged 10 to 14, including mentoring and counselling.

General measures to tackle serious crime with Public Health approach

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Mental Health and Wellbeing

Dangers of social media on children's mental health (02/10/18)

As we approach World Mental Health Day on 10 October The Chief Medical Officer is reviewing the impact that too much social media use can have on children's mental health and will draw up guidance to help parents. Interim findings will be published in December. Evidence shows that children who spend more than 3 hours using social networking websites on a school day are twice as likely to report high or very high scores for mental ill-health.

See also:

NSPCC Story NSPCC Support Canadian Study

Mental health data and analysis: a guide for health professionals (28/09/18)

<u>Guidance</u> for commissioners and health professionals to make decisions about mental health services and interventions based on data and analysis has been updated to include a link to a new report 'Severe mental illness (SMI) and physical health inequalities.'

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Nutrition/Physical Activity/Obesity

Childhood obesity plan for action chapter 2: equality assessment (27/09/18)

<u>Update</u> to how part 2 of the government's childhood obesity plan affects people with protected characteristics.

Oral Health

School dental surveys: A video for parents and school staff (18/09/18)

A <u>video</u> has been produced explaining what happens when children take part in PHE's dental health surveys. The oral health survey of 5-year-old children takes place every two years to collect dental health information for children aged 5 years old who attend mainstream, state-funded schools across England. It is carried out as part of the PHE National Dental Epidemiology Programme for England.

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Pharmacy/Prescribing

Effects of withdrawing antidepressants (10/18)

The <u>All Party Parliamentary Group for Prescribed Drug Dependence</u> has published a new <u>review of 24 research studies</u> on the effect of withdrawing antidepressants.

Public Health England will look at the new data as part of its review into prescribed drug dependence and NICE is gathering more evidence to update its advice.

Key findings include

- More than half of people who attempt to come off antidepressants experience withdrawal effects.
- Nearly half of people experiencing withdrawal effects describe them as severe.
- It is not uncommon for the withdrawal effects to last for several weeks or months.
- Current UK and USA Guidelines underestimate the severity and duration of antidepressant withdrawal, with significant clinical implications.

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Public Health/Health Promotion

New Guidance on Improving people's health (01/10/18)

A new <u>strategy</u> has been <u>developed by PHE</u> in in partnership with the Association of Directors of Public Health, Faculty of Public Health, Behavioural Science and Public Health Network, and the Local Government Association. The strategy is the first to take account of the whole person, social context and wider aspects such as education and employment. It enables public health professionals to use behavioural and social sciences to improve health and wellbeing. Follow the blog here.

Directors of public health in England (01/10/18)

Updated list of current directors of public health, listed by region and local authority.

Safeguarding

See It, Report It, Stop It: Kent & Medway Safeguarding Adults Awareness Week (03/10/18)

Safeguarding Adults Awareness Week runs in Kent from October 8 to 12 and everyone is being urged to 'See It, Report It, Stop It!'. (#SeeReportStop). The theme for this year's campaign is 'Isolation and Exploitation', as adults who find themselves isolated can be more susceptible to exploitation such as Scams, Radicalisation and Mate Crime.

From April 2017 to March 2018, more than 11,000 Safeguarding Concerns were received across Kent and Medway. Details about what is happening in your area during Safeguarding Adults Awareness Week will be published on the Kent.gov website.

To report abuse, call KCC on 03000 416161 or Medway Council on 01634 334466 or if someone is in immediate risk call 999. Support will be provided by specially trained people to victims of abuse and those who report it. Kent and Medway Safeguarding Adults Board works with agencies across the county to raise awareness about the different forms of abuse and neglect, to help people live safely and free from harm.

Details here

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Screening

Vaccine update: issue 286, September 2018 (09/18)

This edition features articles on:

- •the 5 year anniversary of the shingles programme
- •the selective neonatal hepatitis B immunisation: new resources for primary care staff and patients
- •World rabies day 28 September 2018
- •Stay Well This Winter Help us to help you campaign.
- •supply of UK licensed BCG vaccine for the national BCG programme
- •reminder about the MMR ordering restriction
- •flu vaccine eligibility for the children's programme in 2018 to 2019
- •flu vaccine ordering
- vaccine supply for the non-routine programmes
- •shingles and PPV coverage report published
- ·annual childhood vaccination statistics

As well as a range of new resources for primary and secondary schools.

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Sexual Health

Period Poverty in the news (04/10/18)

The issue of 'period poverty' is usefully summarised in this <u>news article</u> which highlights the use of reusable period products. Statistics from Mintel and Bloody Good Period, and links are provided to related studies/initiative.

Campaign raising awareness of the dangers of female genital mutilation (FGM) (05/10/18)

A campaign has been launched by the government. The Home Office's awareness campaign, called Let's Protect Our Girls, will target parents and community elders in practising communities mainly from Sudan, Somalia, Ethiopia, Eritrea, Egypt, Iraq, Gambia and Nigeria.

LGA response

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Smoking/Tobacco Control

Stoptober 2017: Campaign Evaluation (28/09/18)

Stoptober has started. #Stoptober PHE has published a summary evaluation of last year's campaign.

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Social Care/Welfare

Emergency £240m to free up hospital beds (02/10/18)

The Health Secretary, Matt Hancock has announced that an <u>additional £240m will be put into social care in England to</u> ease pressure on the NHS this winter.

The cash will help councils pay for measures like housing adaptations and care packages, to enable more elderly to be cared for at home. He also indicated the government would publish a paper on reforming social care later in the year.

LGA response

'Impact of the Care Quality Commission on provider performance' (27/09/18)

A <u>report</u> by The King's Fund and Alliance Manchester Business School, researches the CQC inspection approach introduced in 2013, looking at its effect between 2015 and 2018 across acute hospitals, mental health, general practice and social care in six areas of England. Most providers thought this approach was a significant improvement on the previous system. However there are some areas for improvement, including focusing more on regular, less formal contact with providers and using a wider range of up-to-date data to prioritise inspections.

Also this week: CQC's Andrea Sutcliffe CBE, Chief Inspector of Adult Social Care, announced she is leaving her job. (04/10/18).

Updated Care Act statutory guidance (01/10/18)

Statutory guidance to support implementation of part 1 of the Care Act 2014 by local authorities has been updated.

Workforce Development

Skills and Employment Survey 2017 (03/10/18)

A second launch event took place on 3 October to discuss findings from the national <u>Employer Skills Survey Report</u> <u>2017</u>. This event focused on what the survey found about job quality. Further information about the survey can be found here, and on Twitter, follow #skillsandemploymentsurvey2017.

Government support to boost skills and prosperity (01/10/18)

The Government has announced a <u>package of measures</u> to support business to boost skills, growth and prosperity in the new economy.

See Education

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Workplace

Government launches new collaboration with Barnardo's to support care leavers into work (01/10/18)

The Department for Work and Pensions (DWP) and Barnardo's are entering into a new partnership to support care leavers into work. It will give care leaders opportunities to gain high quality work experience placements in Barnardo's high street shops, to help them get the necessary skills to move into employment. The placements will help young people learn practical skills in the workplace, whilst also allowing them to develop their 'soft skills' – all within a supportive Barnardo's real working environment, alongside trained staff and volunteers. Just over 12,000 young people aged 16 to 18 leave care in England each year and the number is rising. Many care leavers have complex needs and are at risk of long-term unemployment.

Census 2011: Working age UK armed forces veterans residing in England and Wales (28/09/18)

This <u>census</u> has been <u>revised</u>. It estimates the size and characteristics of UK armed forces veterans (16 to 64 years of age), using responses from the 2011 England and Wales Census

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