



# Living Well: Overview

Living well in Kent (Districts)

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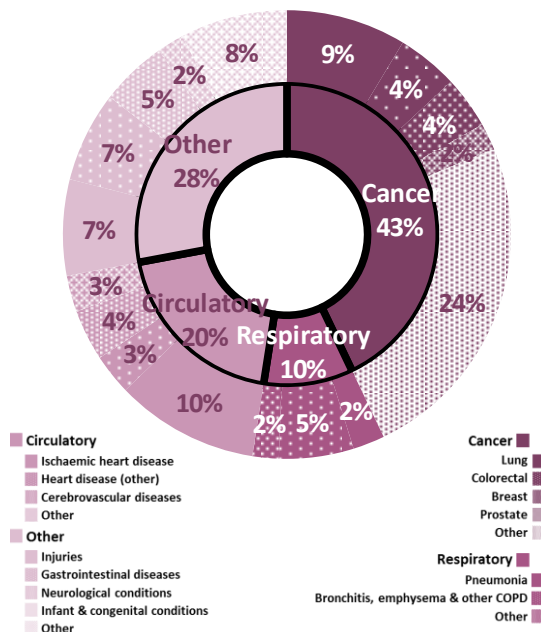


# Living Well: Kent

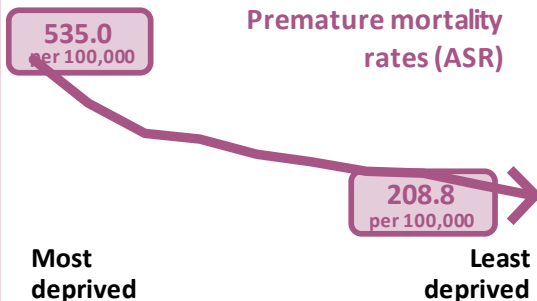
## PREMATURE DEATHS

(under 75 years)

### Cause of death



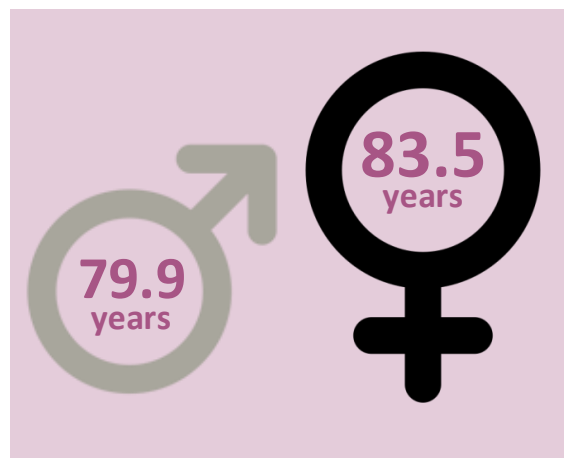
### Inequalities by deprivation



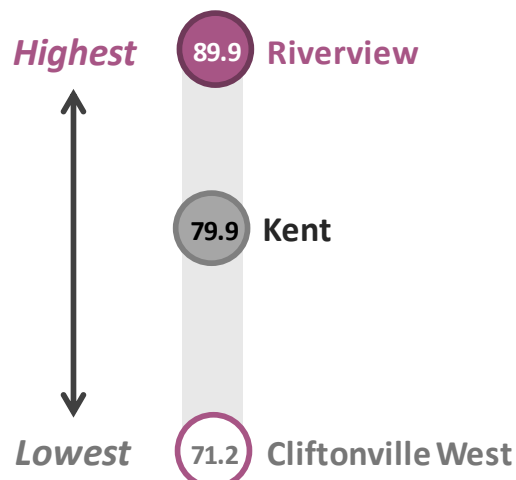
Source: PCMD, 2017, 2013-2017

## LIFE EXPECTANCY

at birth



### Ward-level life expectancy (men)



Source: PCMD, 2013-2017

## LONG TERM CONDITIONS

recorded prevalence

Diabetes

**6.8%**

Ages 17+

Hypertension

**14.7%**

All ages

Asthma

**5.6%**

All ages

COPD

**2.1%**

All ages

Source: QOF, 2018/19

## MENTAL HEALTH

### Depression



**11.2%**

Of adults recorded by their GP as having depression

### Emergency hospital admissions for serious mental health conditions

**2,646**  
in 2018/19



Source: QOF, 2018/19; HES,

# Premature mortality

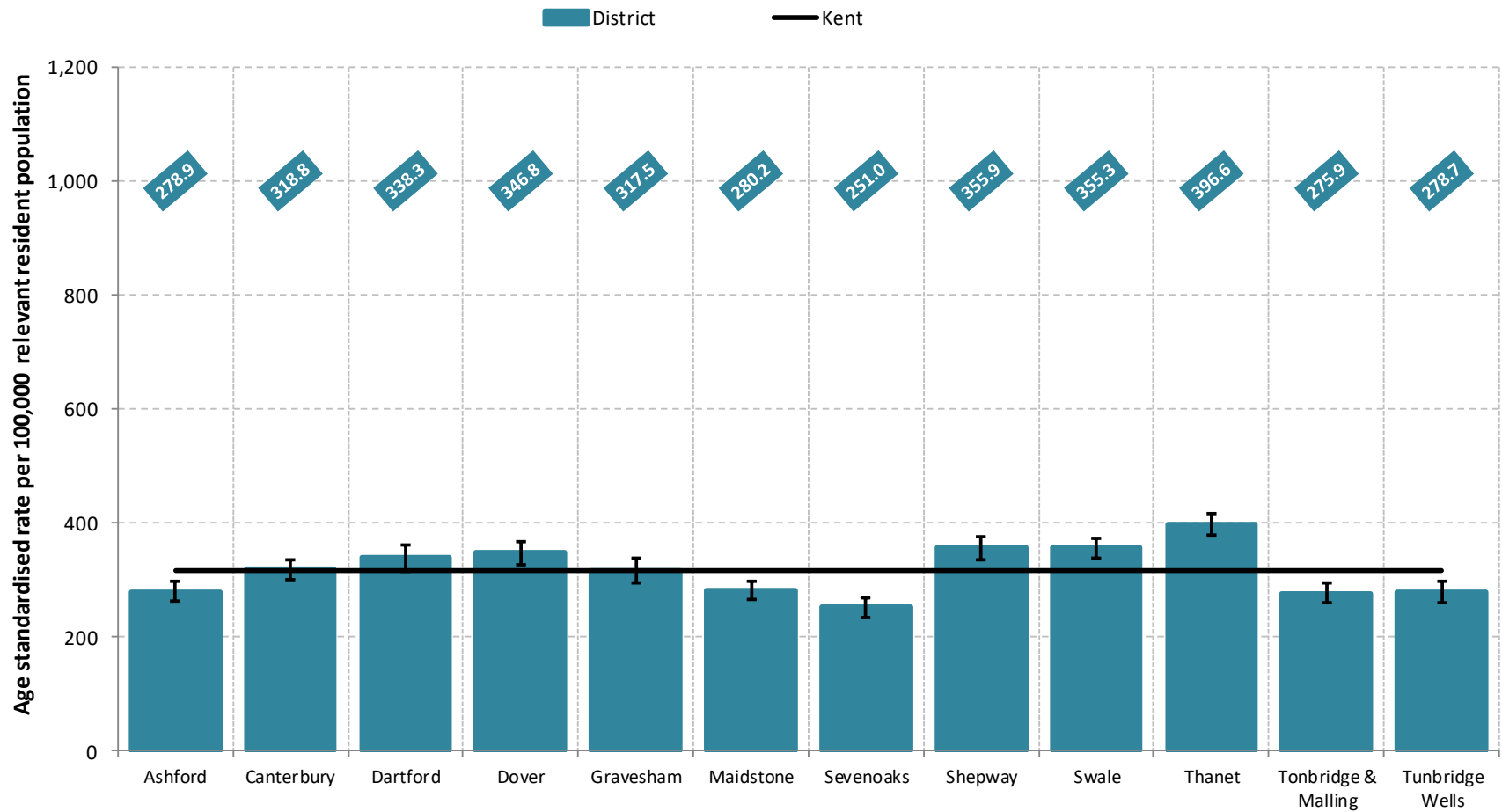
Premature mortality from all causes

Causes of premature death



# Premature mortality from all causes: by district

Age standardised rate per 100,000 people aged under 75 years, classified by underlying cause of death (ICD-10: A00-Y99), 2015-2017

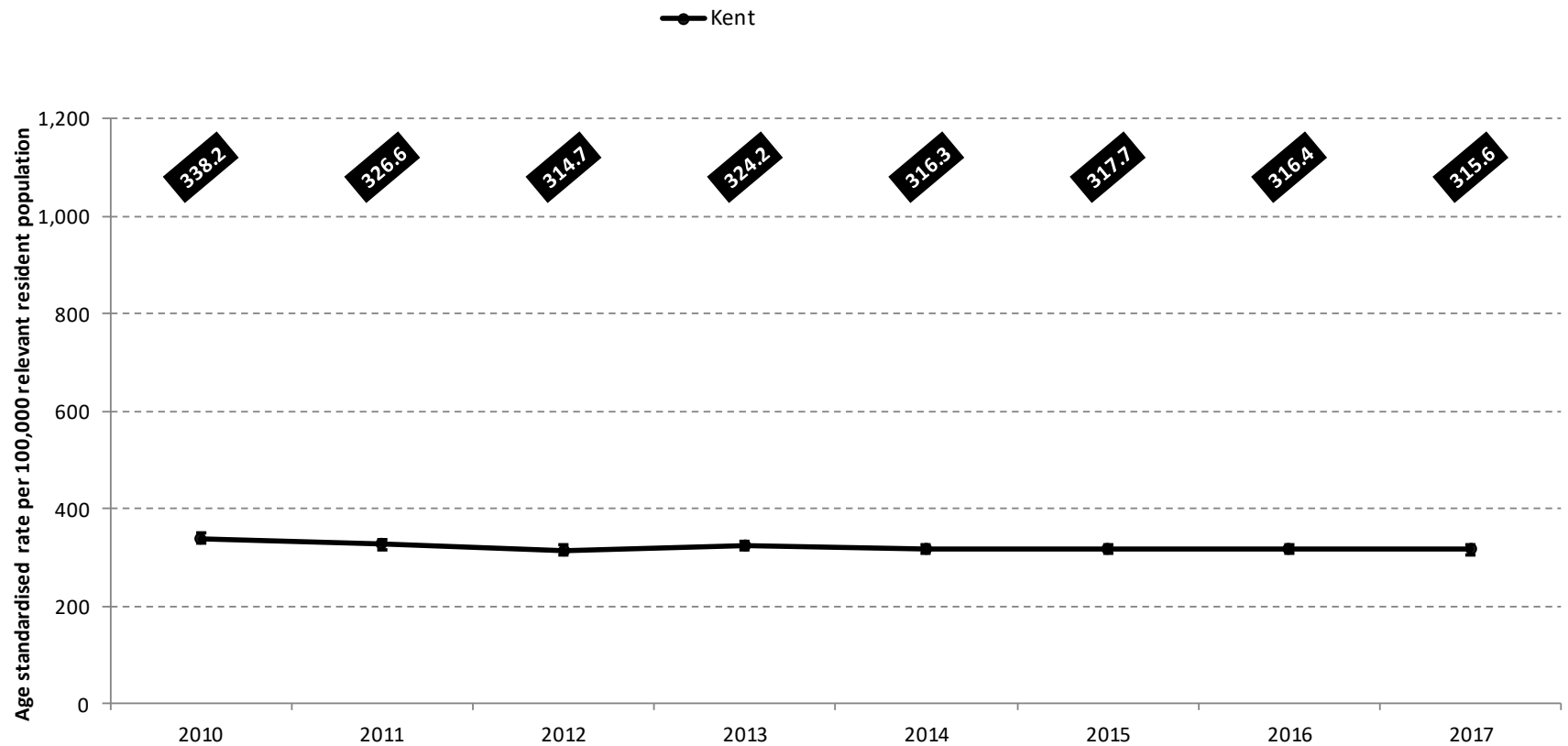


Source: PCMD, prepared by KPHO (RK), Nov-18



# Premature mortality from all causes: trend

Age standardised rate per 100,000 people aged under 75 years, classified by underlying cause of death (ICD-10:A00-Y99), 2010 to 2017

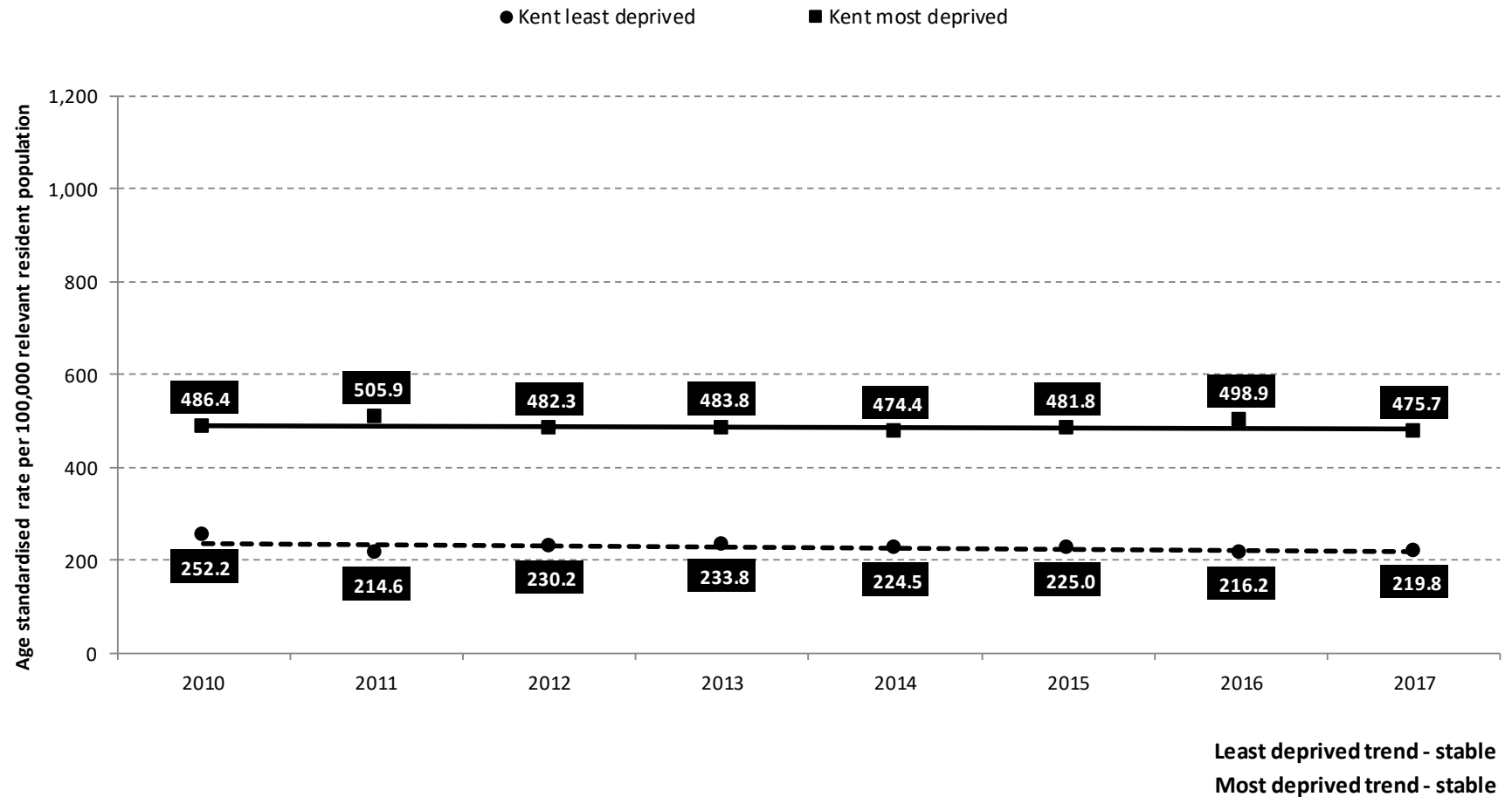


Source: PCMD, prepared by KPHO (RK), Nov-18



# Premature mortality from all causes: by deprivation

Age standardised rate per 100,000 people aged under 75 years, classified by underlying cause of death (ICD-10: A00-Y99), 2010 to 2017

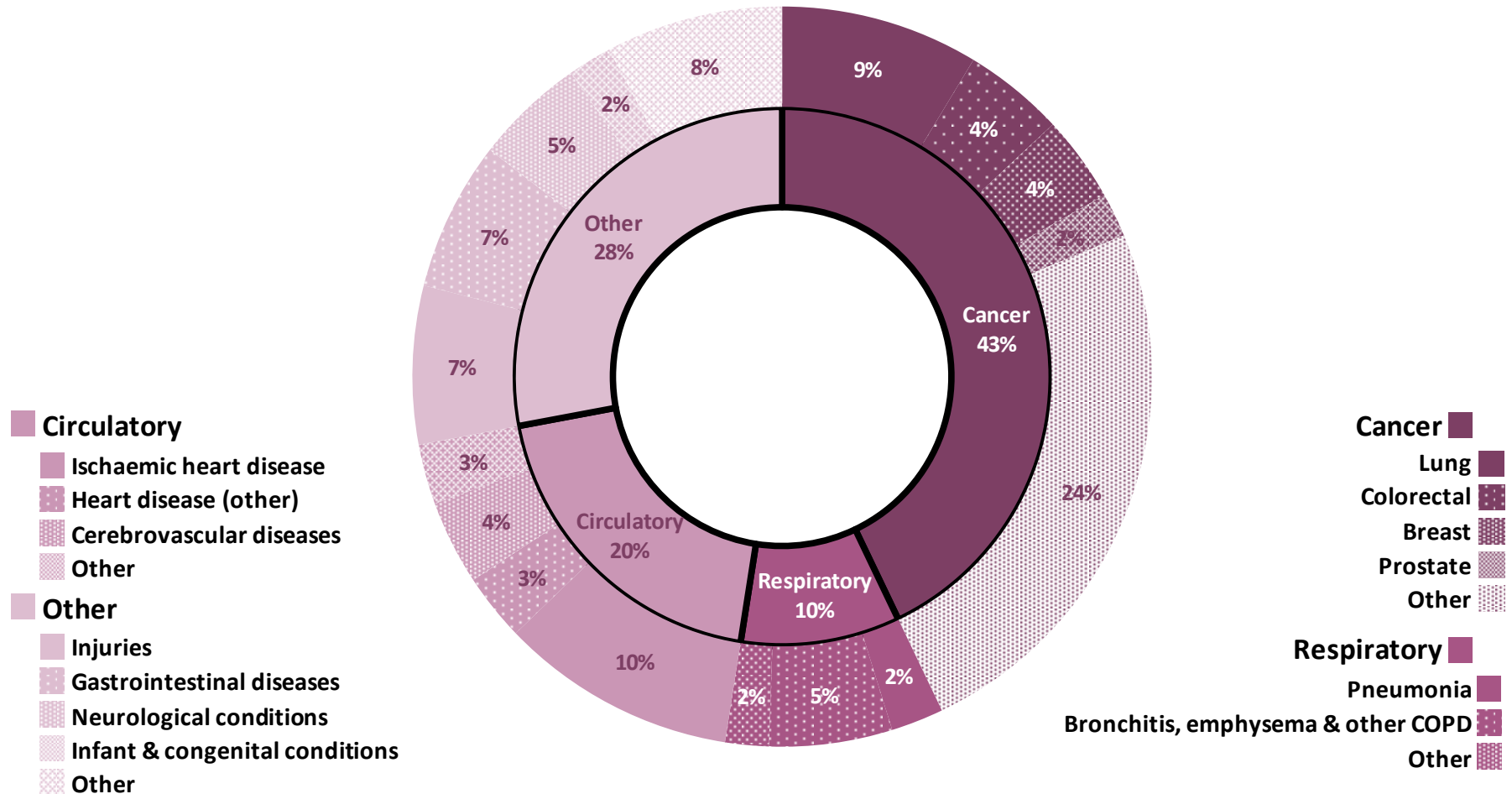


Source: PCMD, prepared by KPHO (RK), Nov-18



# Causes of premature mortality

Underlying cause of death for persons aged under 75 years, 2017



Source: PCMD, prepared by KPHO (RK), Jul-18





# Healthcare usage

A&E attendances

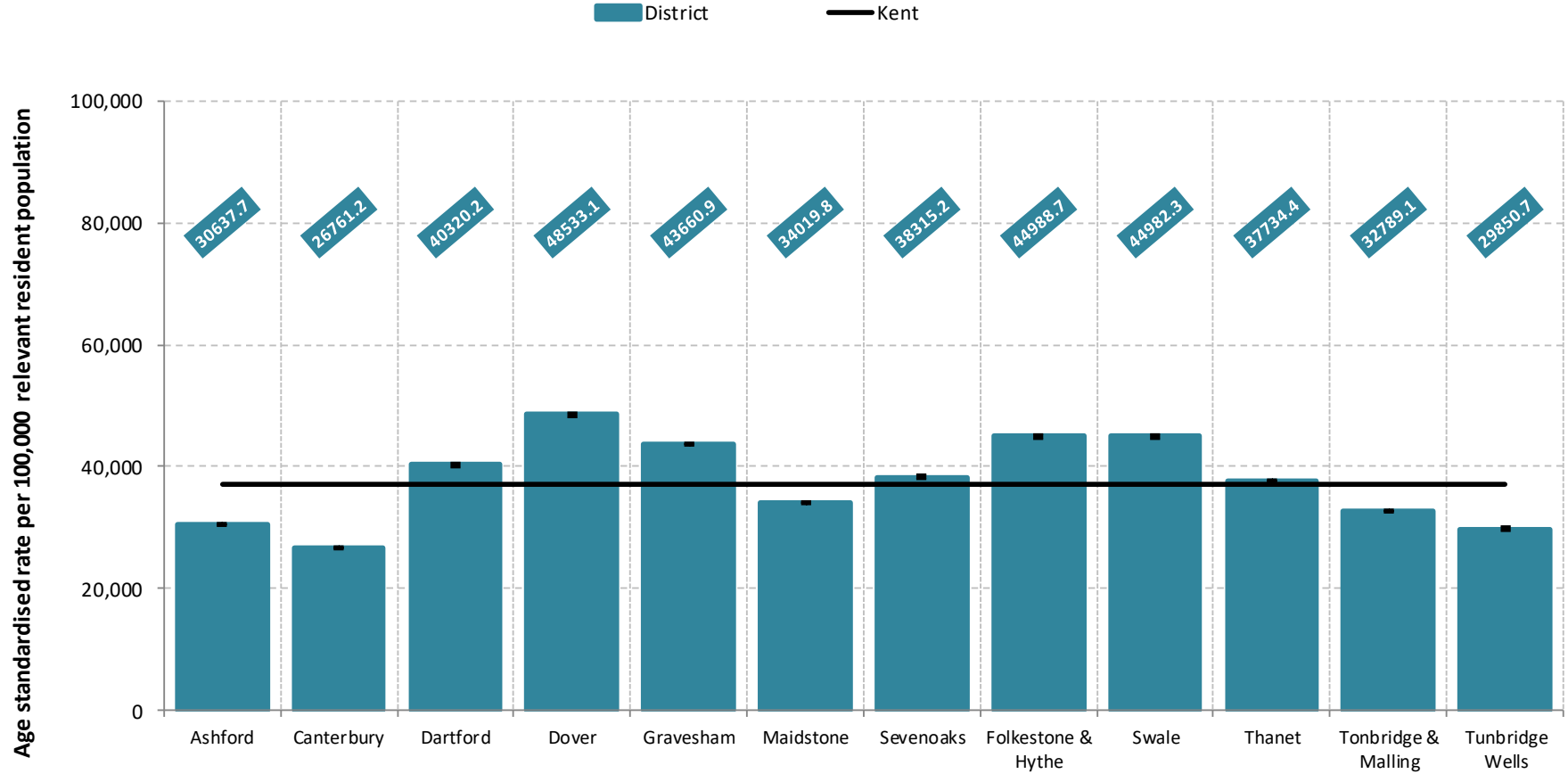
Elective hospital admissions

Emergency hospital admissions



# Accident & Emergency attendances: by district

Age standardised rate per 100,000 resident population, , 2016/17-2018/19

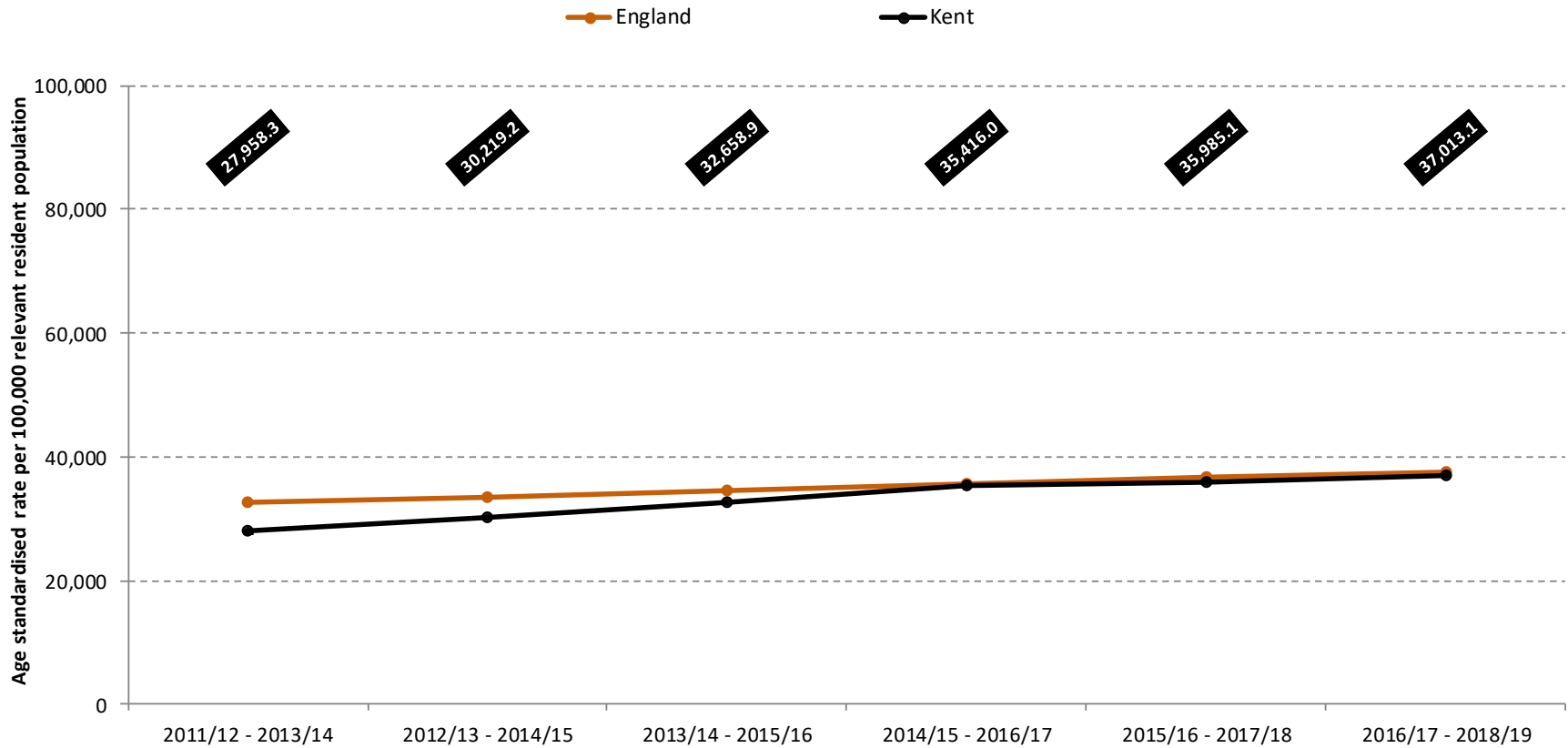


Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (SR), Dec-19



# Accident & Emergency attendances: trend

Age standardised rate per 100,000 resident population, 2010/11 - 2012/13 to 2016/17 - 2018/19

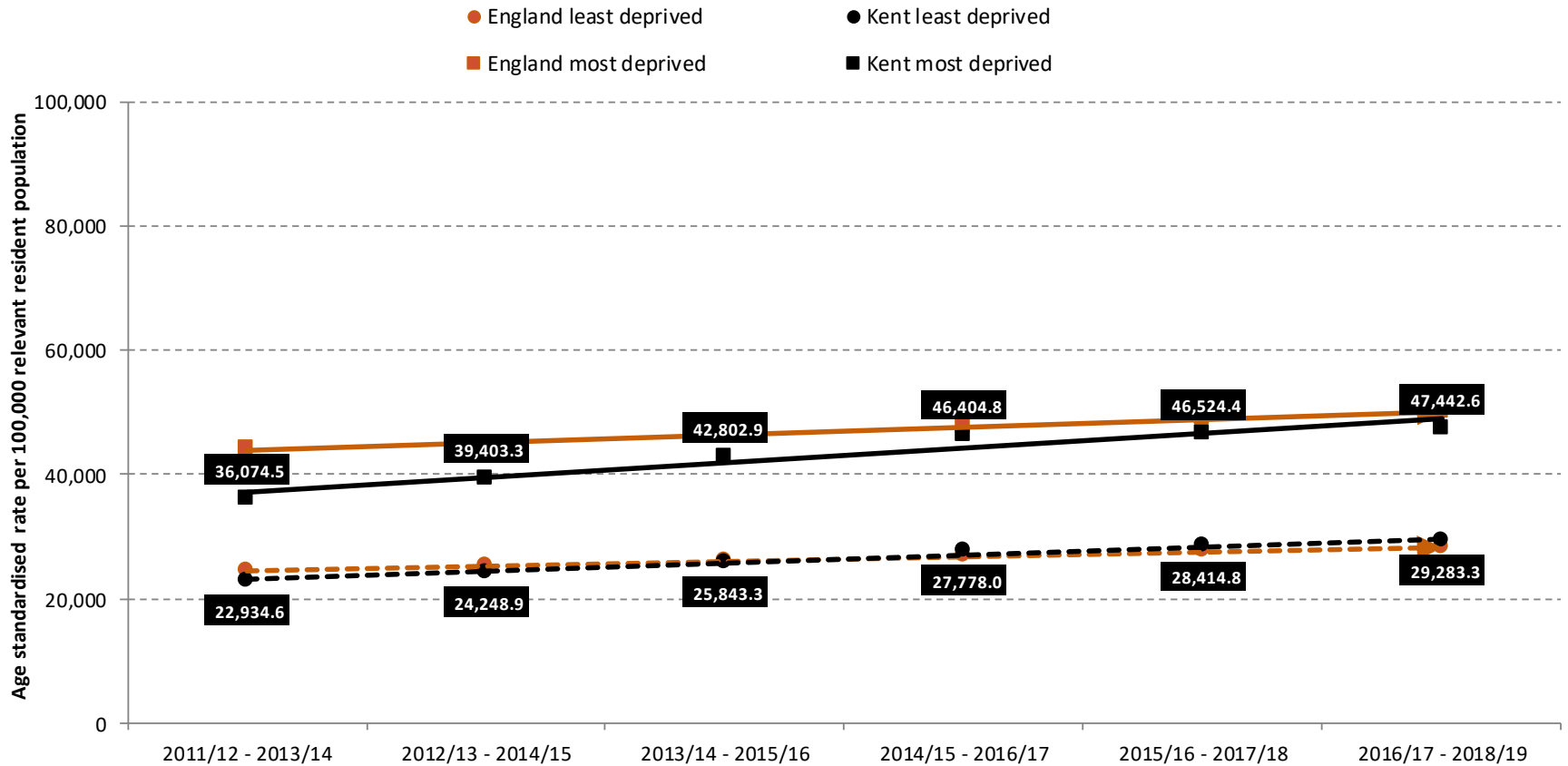


Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (SR), Dec-19



# Accident & Emergency attendances: by deprivation

Age standardised rate per 100,000 resident population, 2011/12 - 2013/14 to 2016/17 - 2018/19



Least deprived trend - increasing with a faster pace of change than England

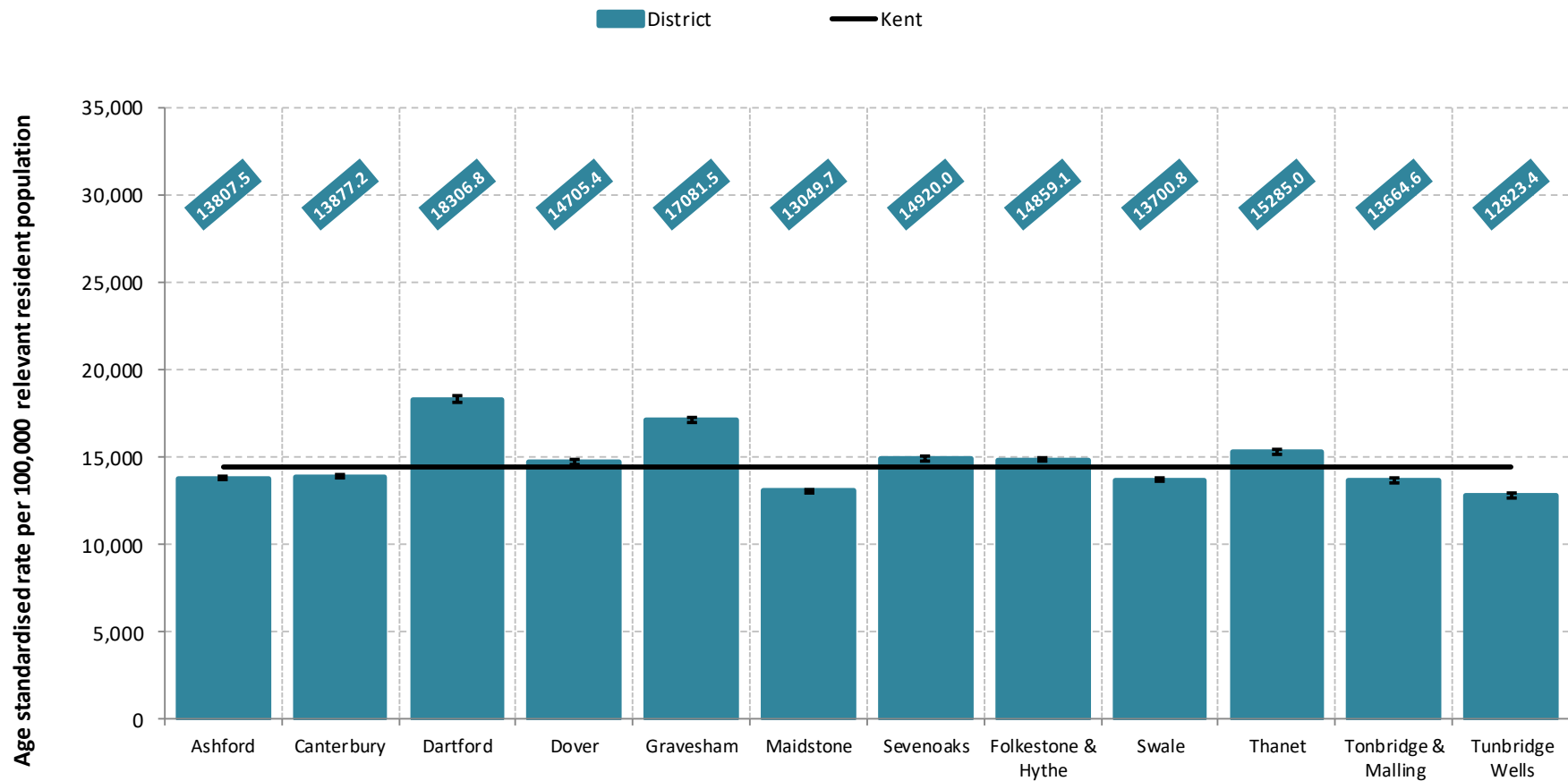
Most deprived trend - increasing with a similar pace of change to England

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (SR), Dec-19



# Elective hospital admissions: by district

Age standardised rate per 100,000 resident population, 2016/17-2018/19

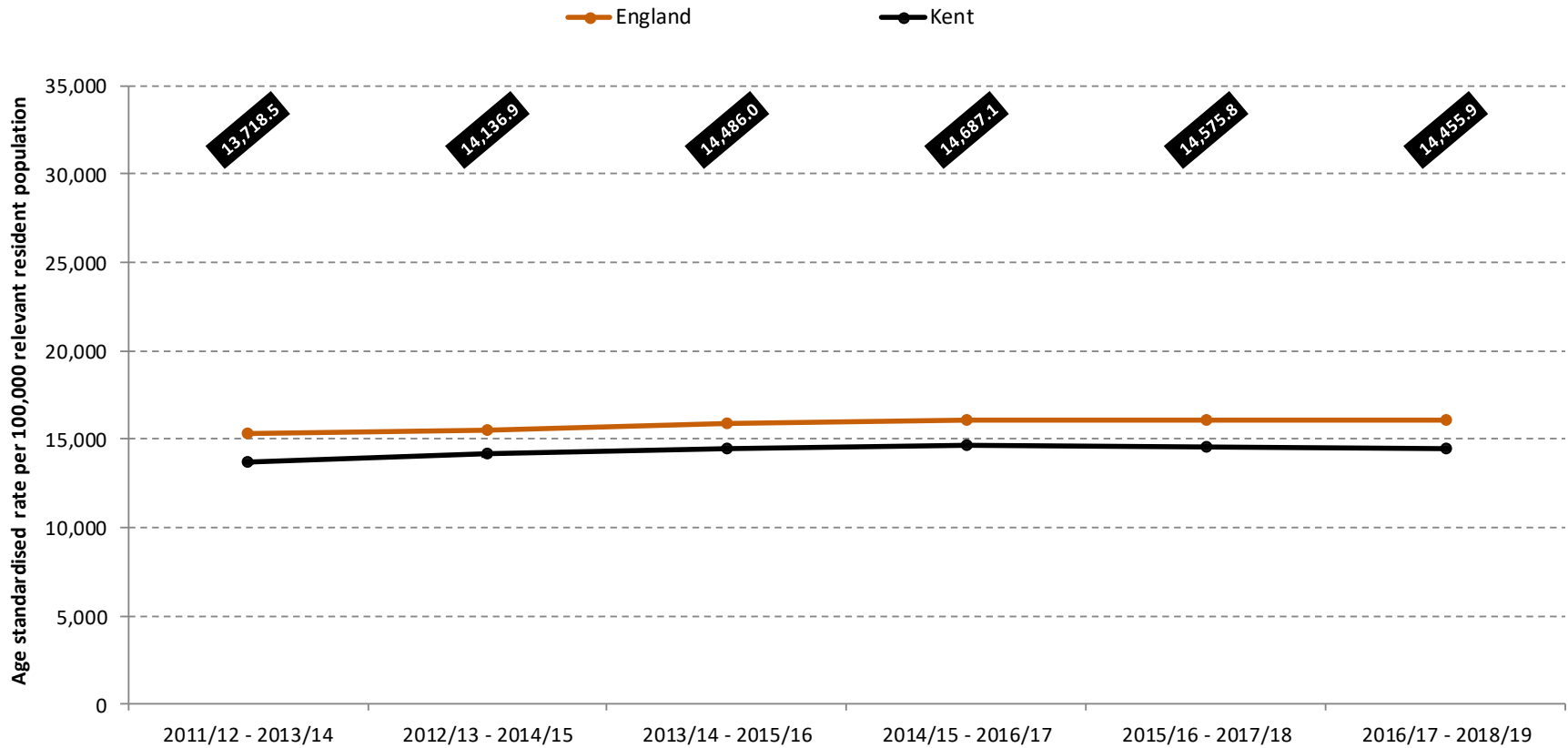


Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (MP), Nov-19



# Elective hospital admissions: trend

Age standardised rate per 100,000 resident population, 2011/12 - 2013/14 to 2016/17 - 2018/19

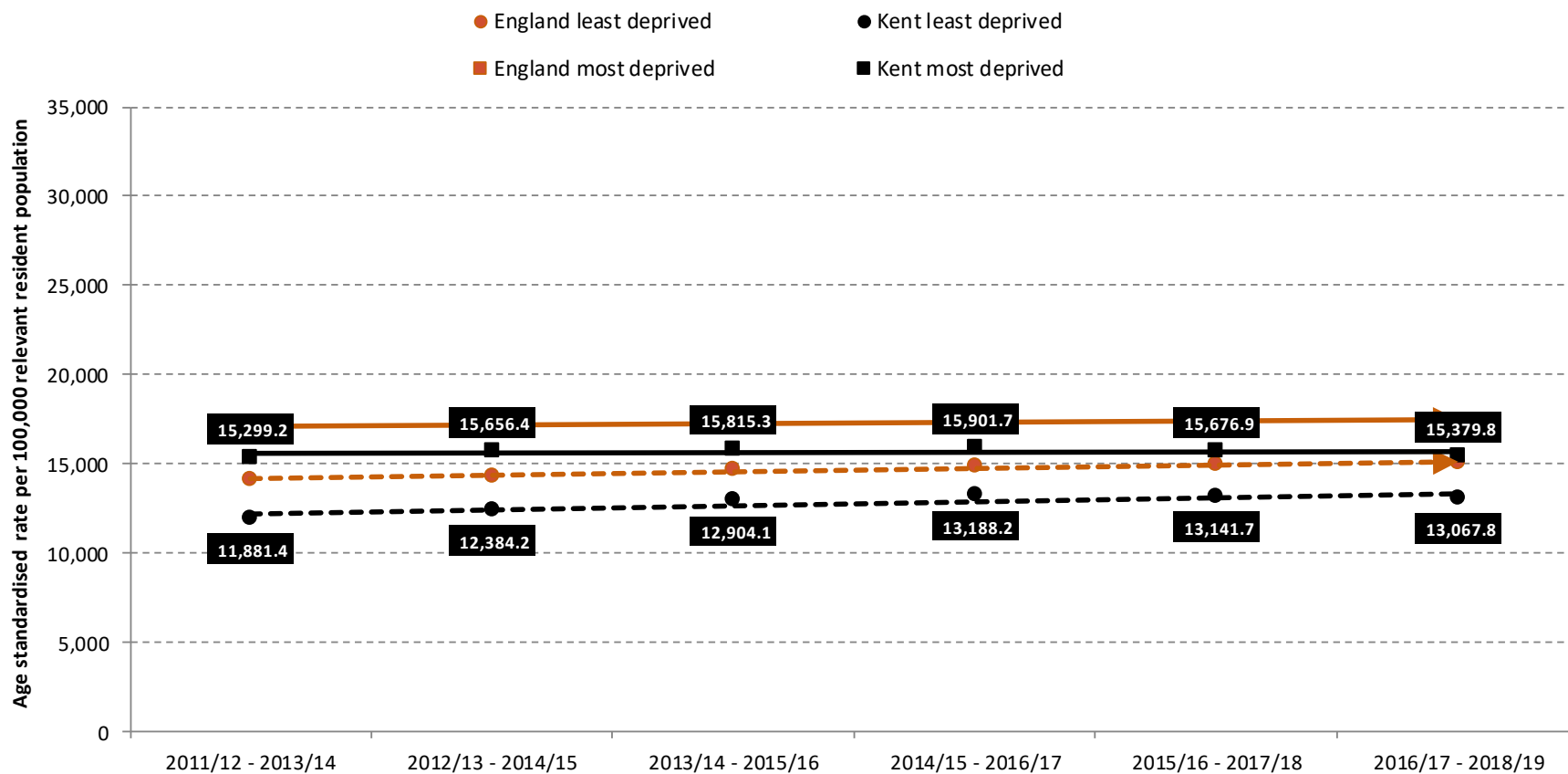


Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (MP), Nov-19



# Elective hospital admissions: by deprivation

Age standardised rate per 100,000 resident population, 2011/12 - 2013/14 to 2016/17 - 2018/19



Least deprived trend - increasing with a similar pace of change to England

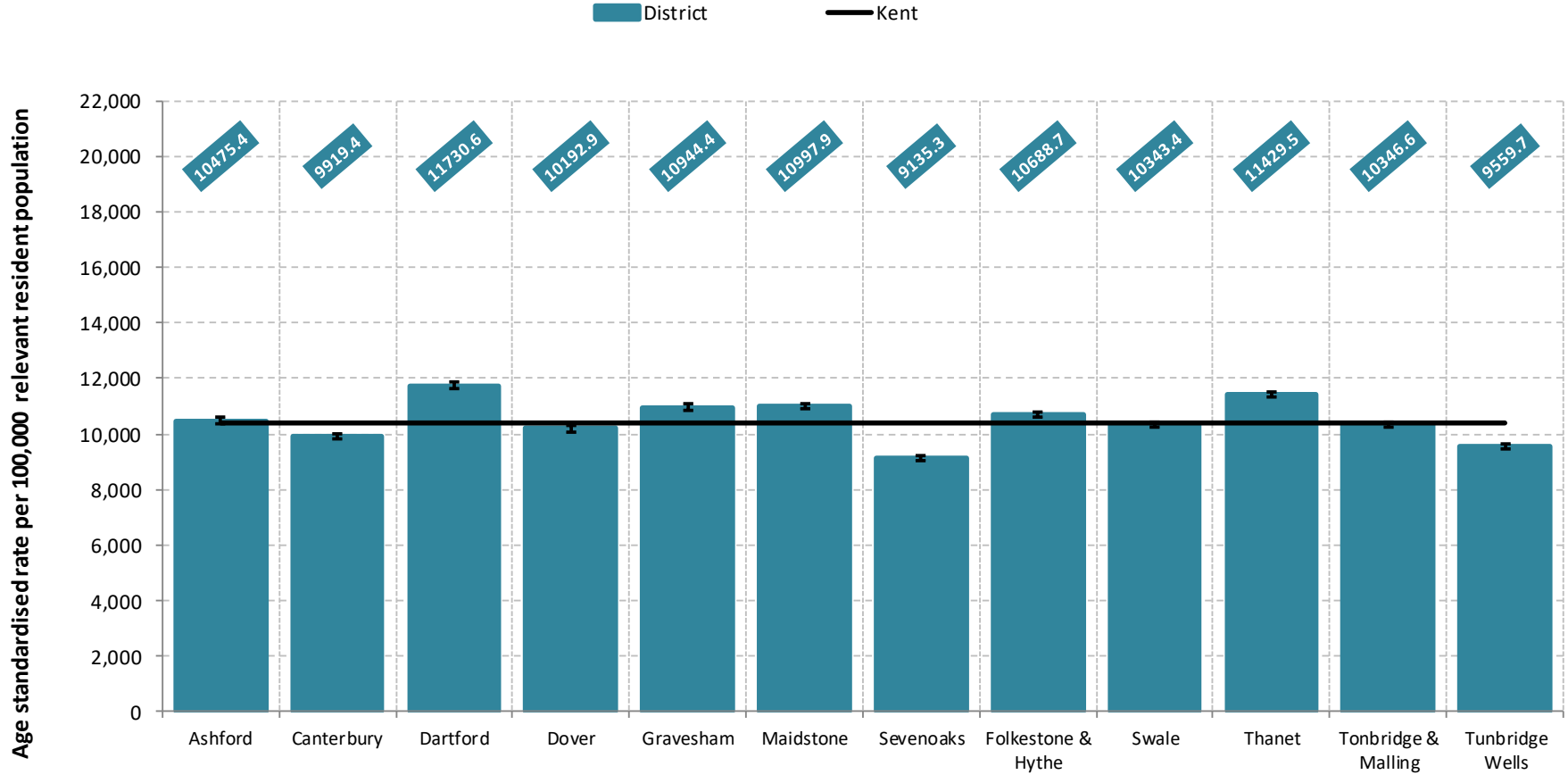
Most deprived trend - stable with a similar pace of change to England

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (MP), Nov-19



# Emergency hospital admissions: by district

Age standardised rate per 100,000 resident population, 2016/17-2018/19



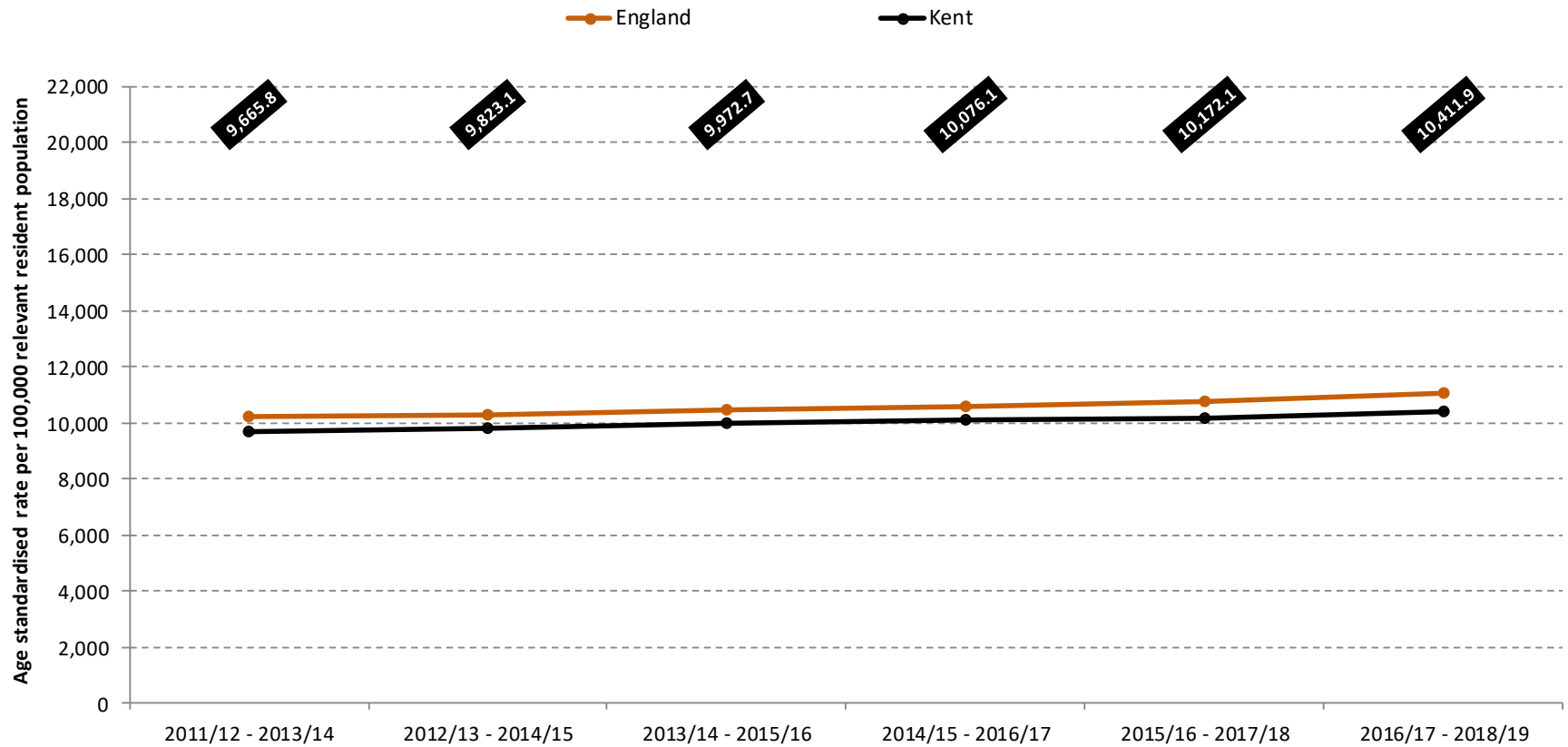
Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (JS), Nov-19





# Emergency hospital admissions: trend

Age standardised rate per 100,000 resident population, 2011/12 - 2013/14 to 2016/17 - 2018/19

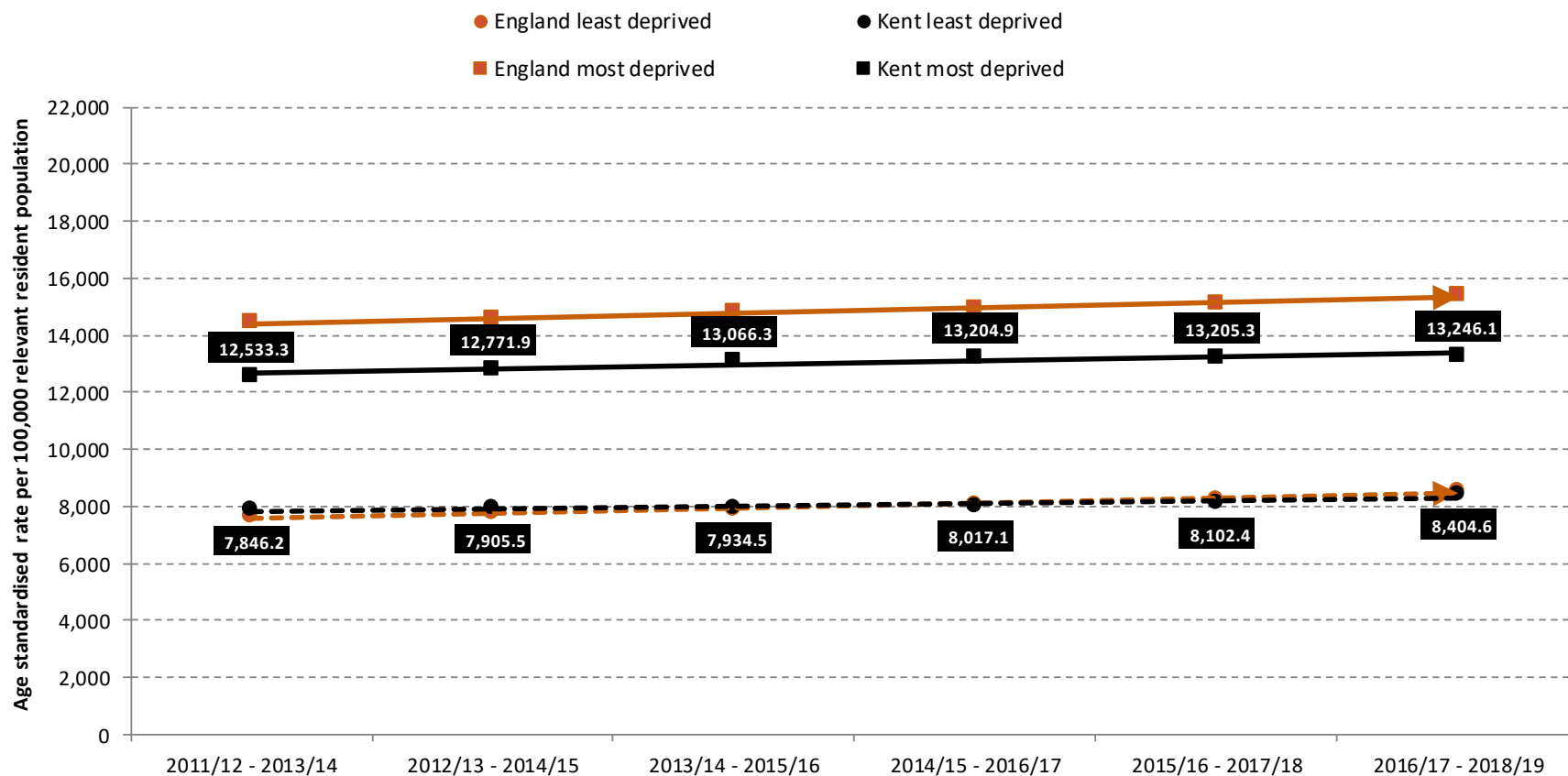


Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (JS), Nov-19



# Emergency hospital admissions: by deprivation

Age standardised rate per 100,000 resident population, 2011/12 - 2013/14 to 2016/17 - 2018/19



Least deprived trend - increasing with a similar pace of change to England

Most deprived trend - increasing with a similar pace of change to England

Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (JS), Nov-19



# Clinical effectiveness

Mortality from causes considered avoidable

Mortality from causes considered amenable

Mortality from causes considered preventable

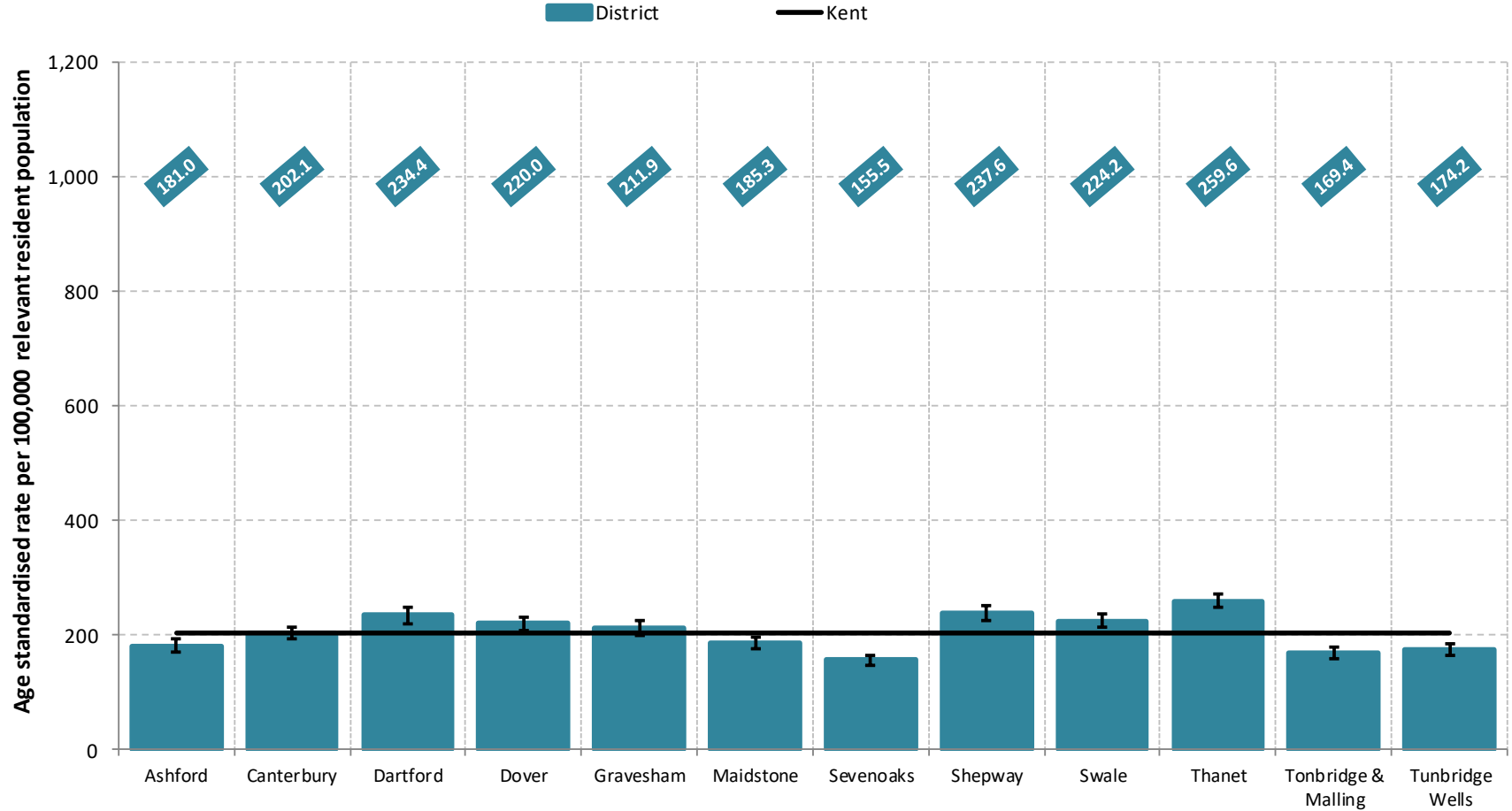
Avoidable admissions for chronic conditions

Avoidable admissions for acute conditions



# Avoidable mortality: by district

Age standardised rate per 100,000 resident population, for potentially avoidable deaths identified by using underlying cause and age group, 2013-2017

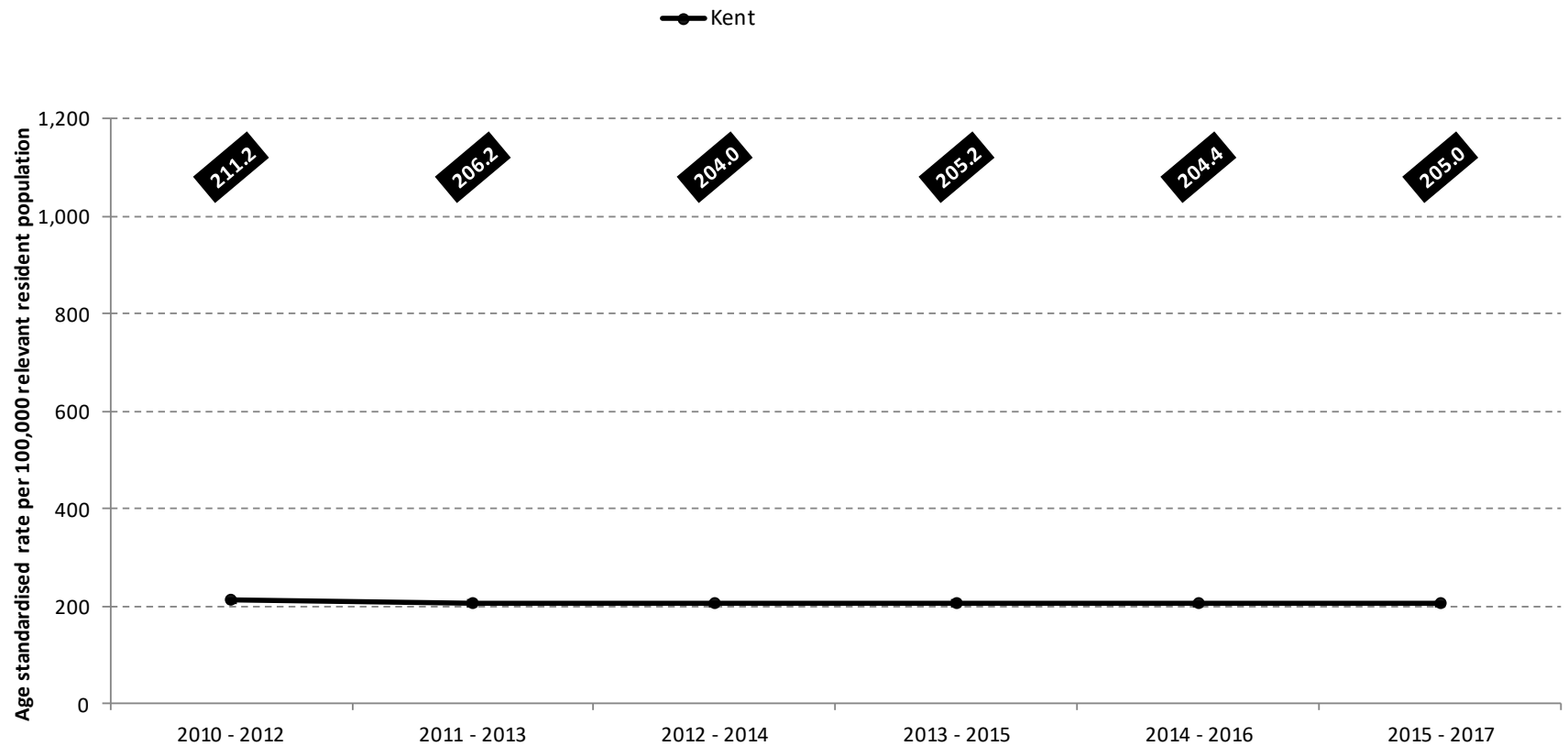


Source: PCMD, prepared by KPHO (RK), Nov-18



## Avoidable mortality: trend

Age standardised rate per 100,000 resident population, for potentially avoidable deaths identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017

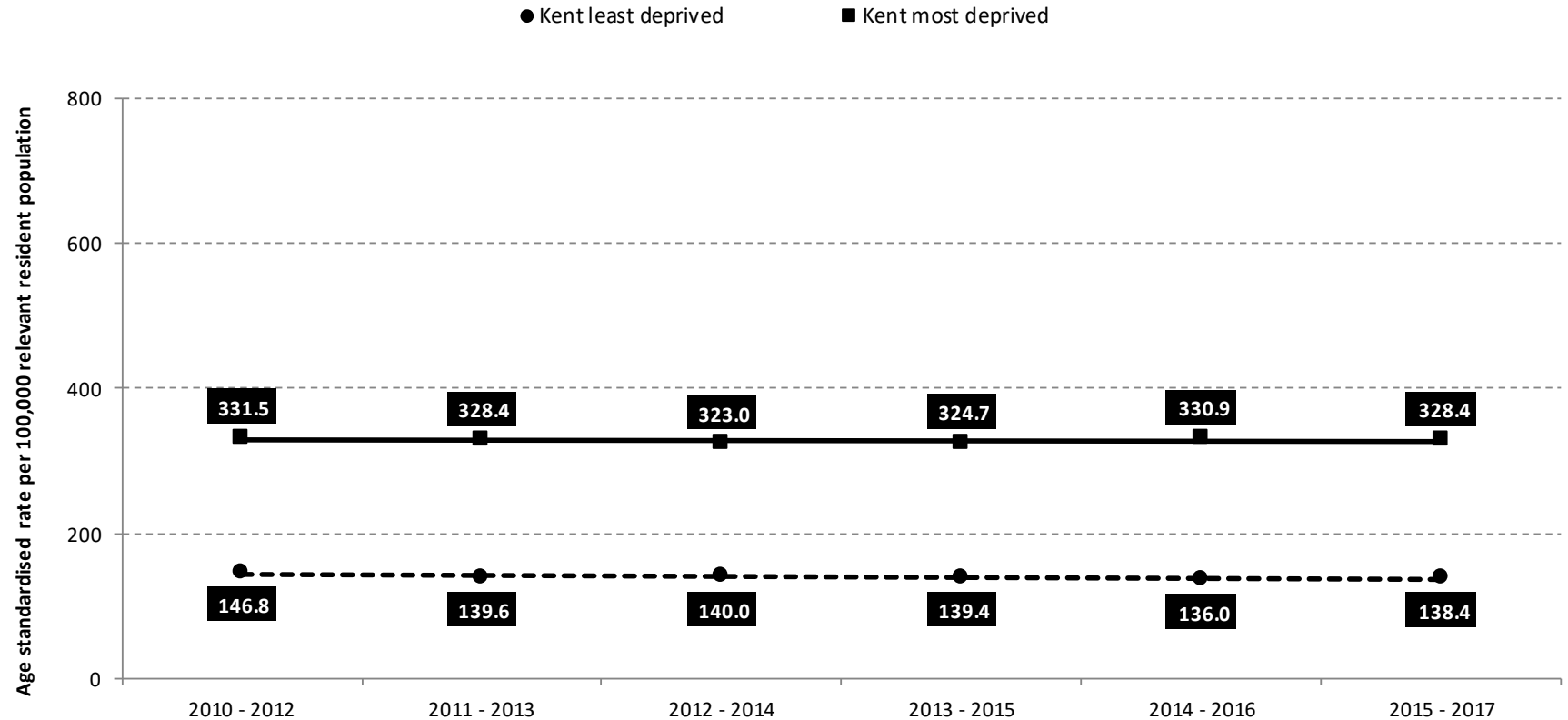


Source: PCMD, prepared by KPHO (RK), Nov-18



# Avoidable mortality: by deprivation

Age standardised rate per 100,000 resident population, for potentially avoidable deaths identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017



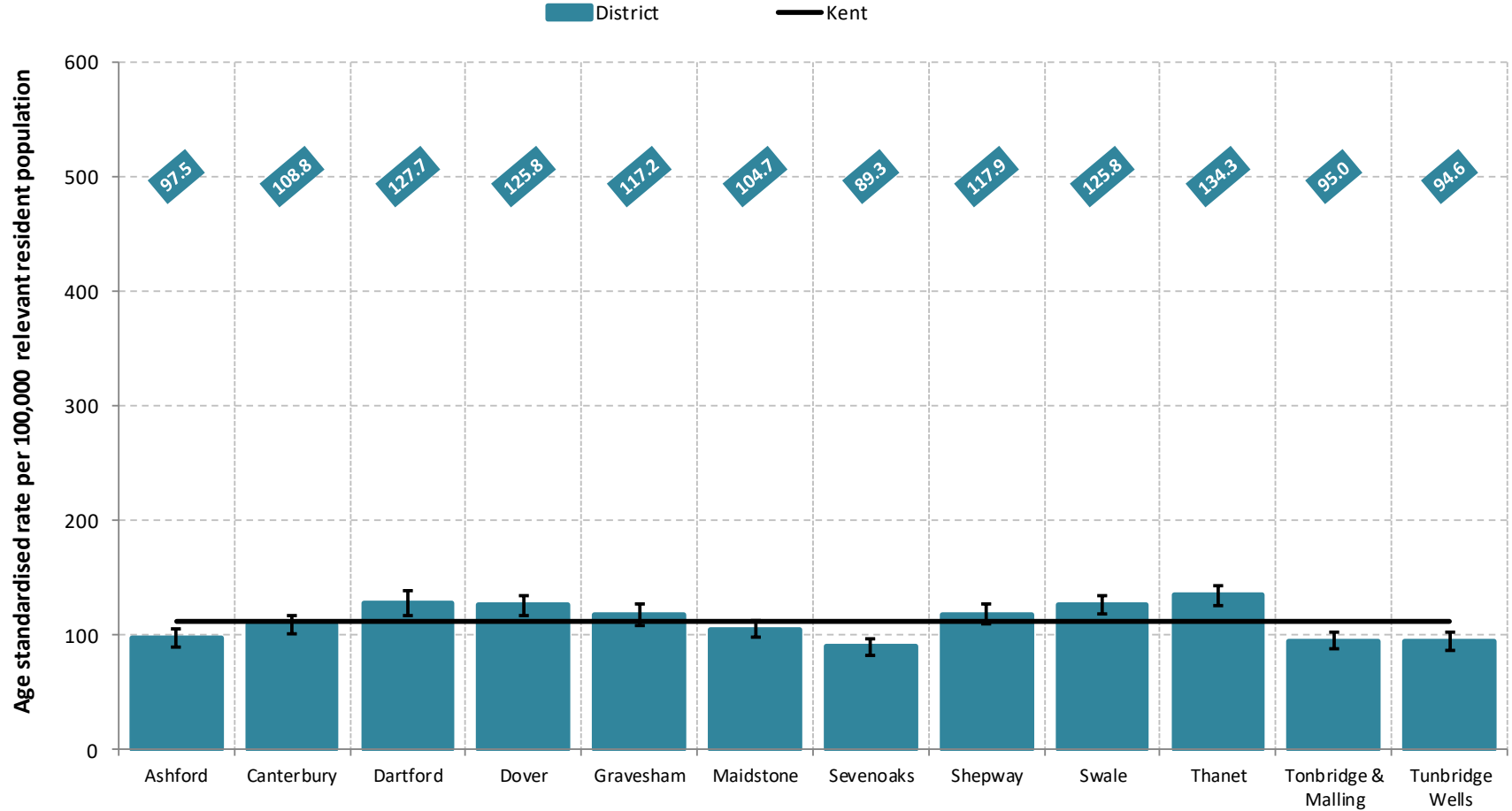
Least deprived trend - stable compared with a increasing trend for England  
Most deprived trend - stable compared with a decreasing trend for England

Source : PCMD, prepared by KPHO (RK), Nov-18



## Amenable mortality: by district

Age standardised rate per 100,000 resident population, for deaths amenable to healthcare identified by using underlying cause and age group, 2013-2017

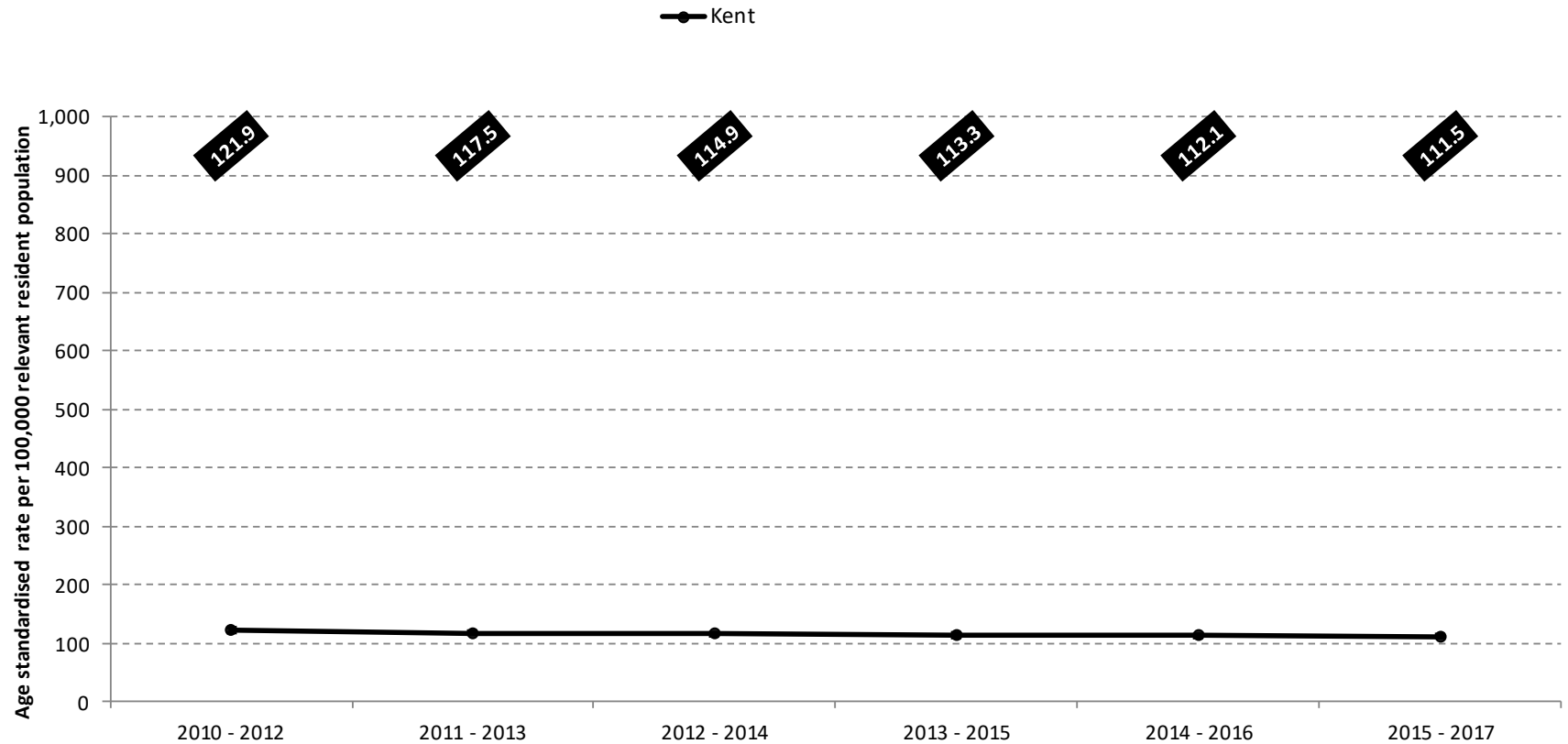


Source: PCMD, prepared by KPHO (RK), Nov-18



## Amenable mortality: trend

Age standardised rate per 100,000 resident population, for deaths amenable to healthcare identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017



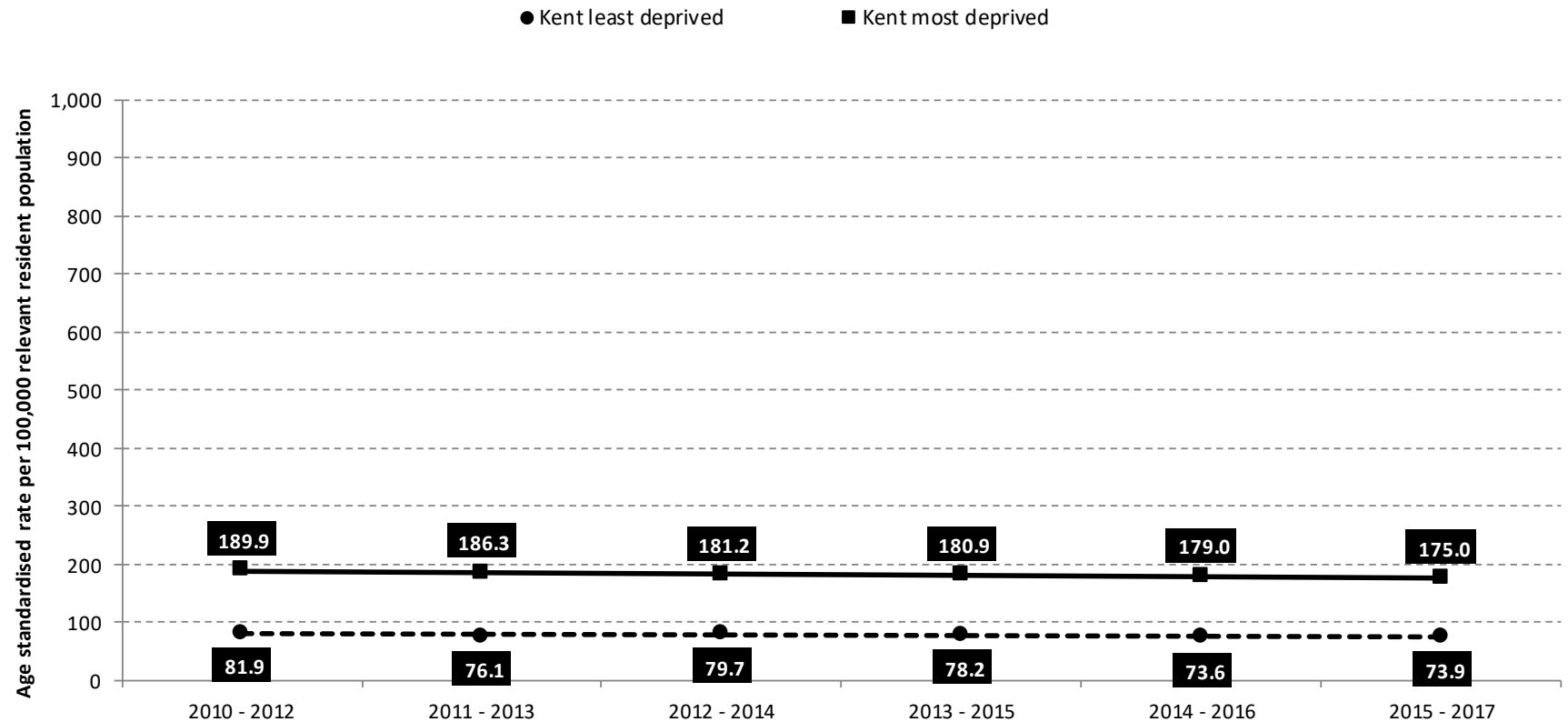
Source: PCMD, prepared by KPHO (RK), Nov-18





# Amenable mortality: by deprivation

Age standardised rate per 100,000 resident population, for deaths amenable to healthcare identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017



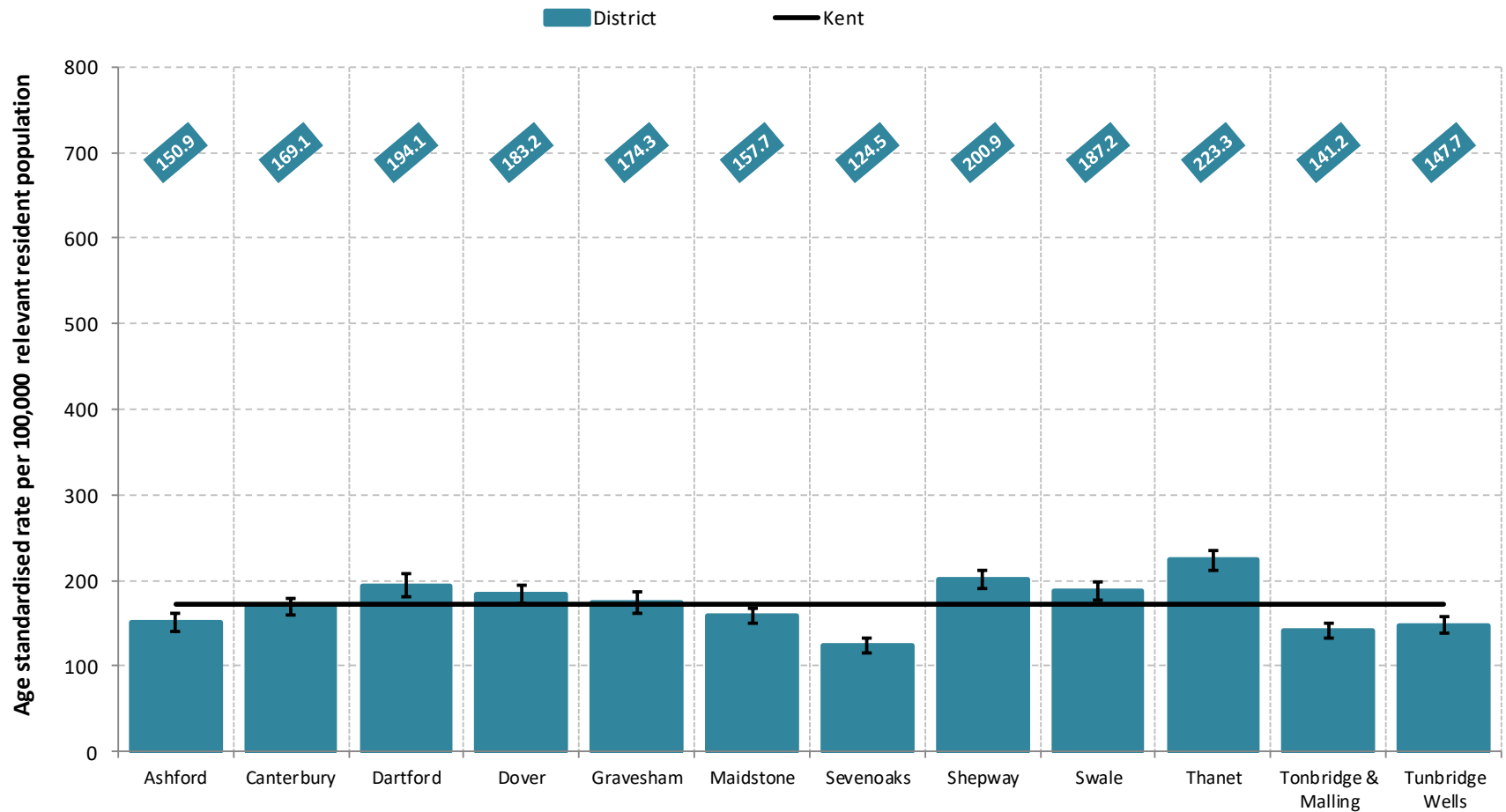
Least deprived trend - stable compared with a increasing trend for England  
Most deprived trend - decreasing compared with a decreasing trend for England

Source: PCMD, prepared by KPHO (RK), Nov-18



# Preventable mortality: by district

Age standardised rate per 100,000 resident population, for deaths that could be prevented by health intervention identified by using underlying cause and age group, 2013-2017

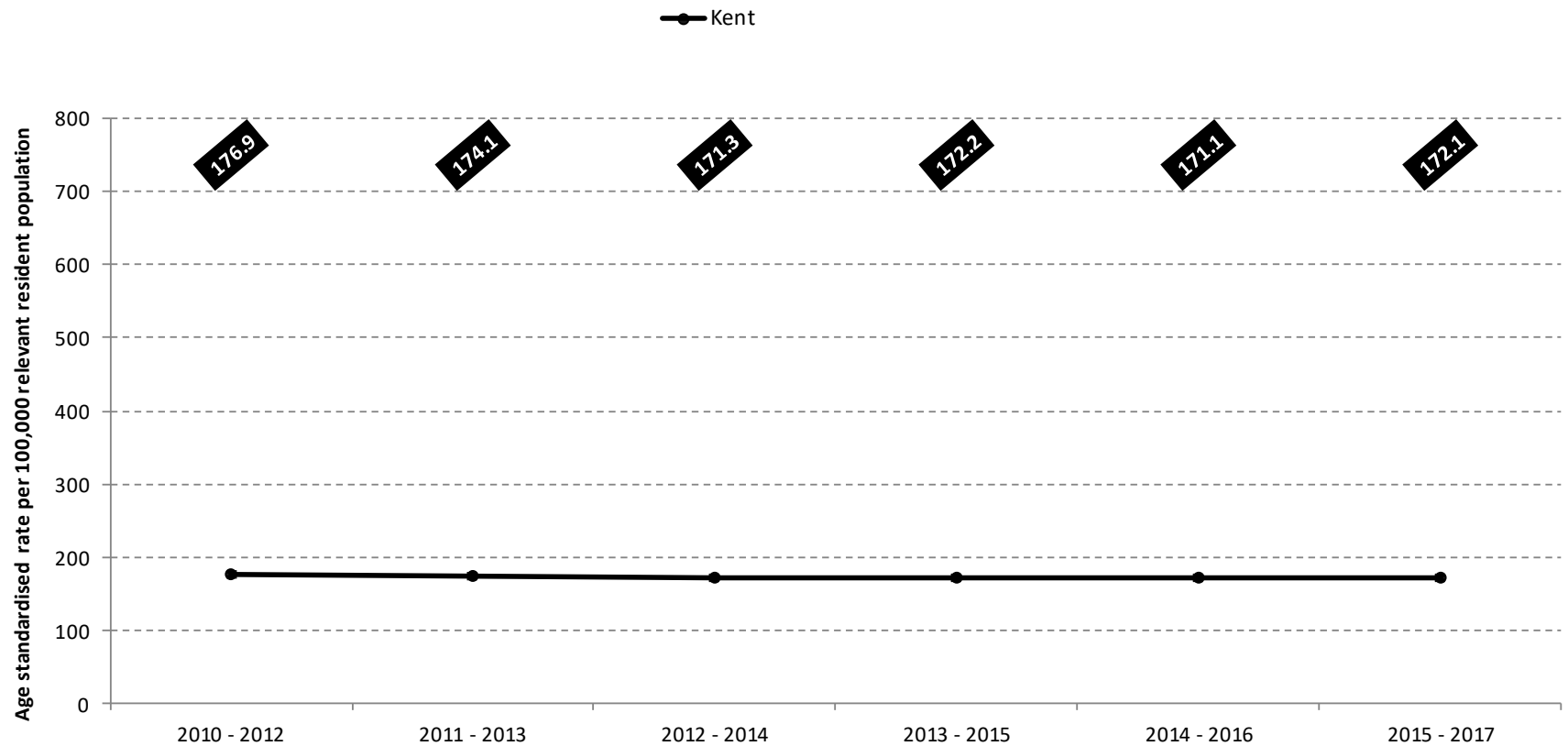


Source: PCMD, prepared by KPHO (RK), Nov-18



## Preventable mortality: trend

Age standardised rate per 100,000 resident population, for deaths that could be prevented by health intervention identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017

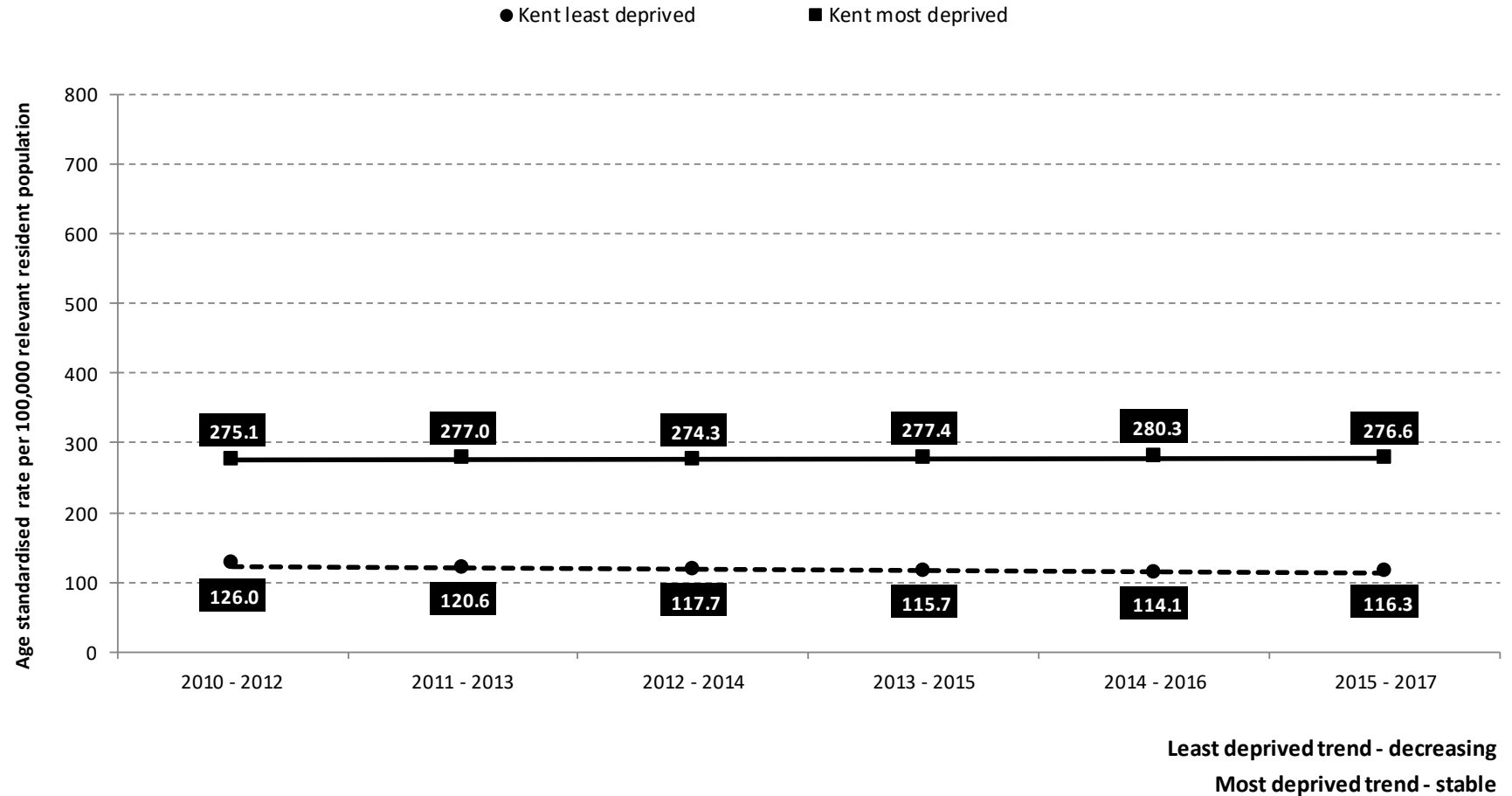


Source: PCMD, prepared by KPHO (RK), Nov-18



# Preventable mortality: by deprivation

Age standardised rate per 100,000 resident population, for deaths that could be prevented by health intervention identified by using underlying cause and age group, 2010 - 2012 to 2015 - 2017

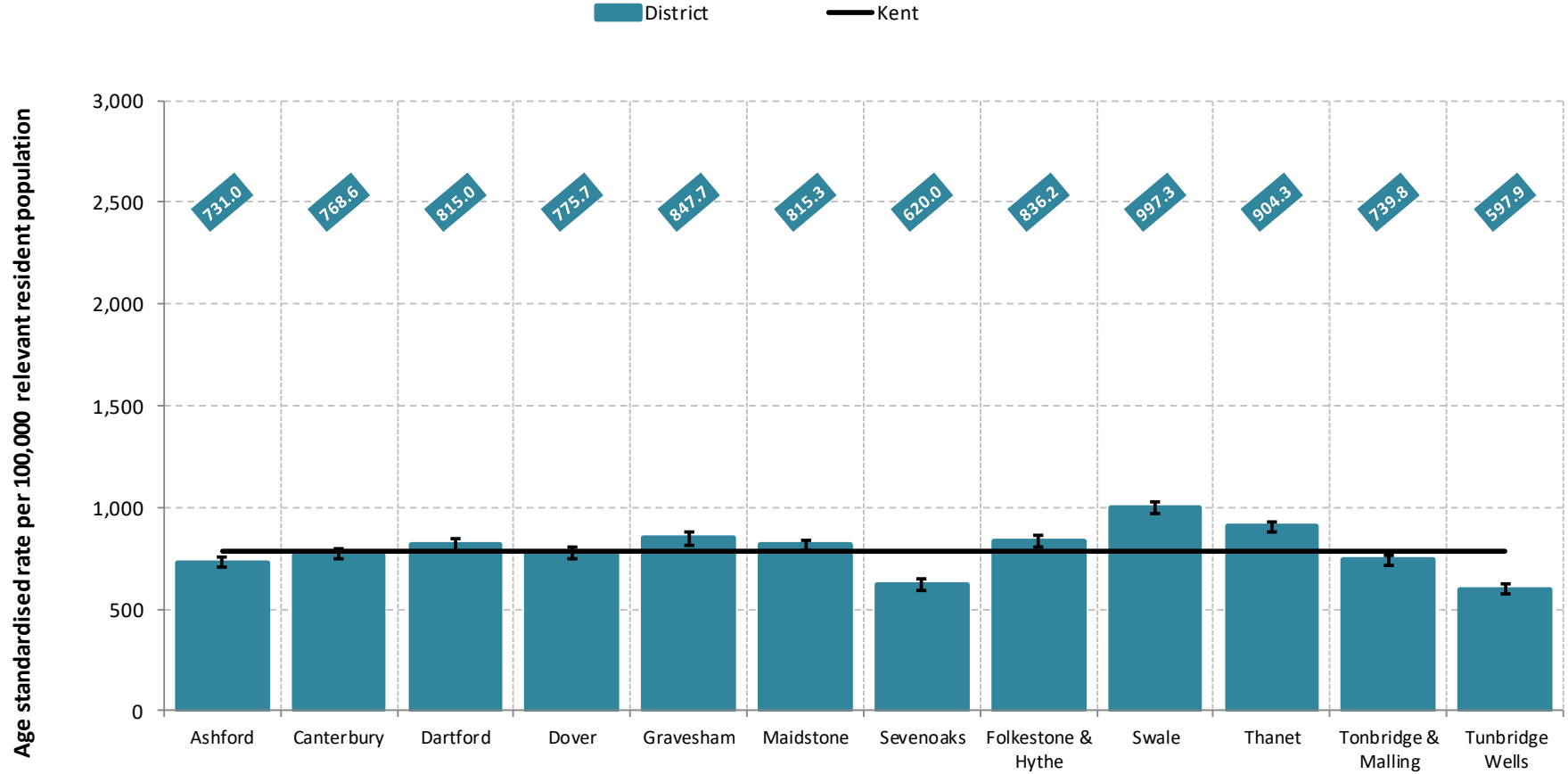


Source: PCMD, prepared by KPHO (RK), Nov-18



# Avoidable emergency hospital admissions for chronic ambulatory care sensitive conditions: by district

Age standardised rate per 100,000 resident population, persons, 2016/17-2018/19

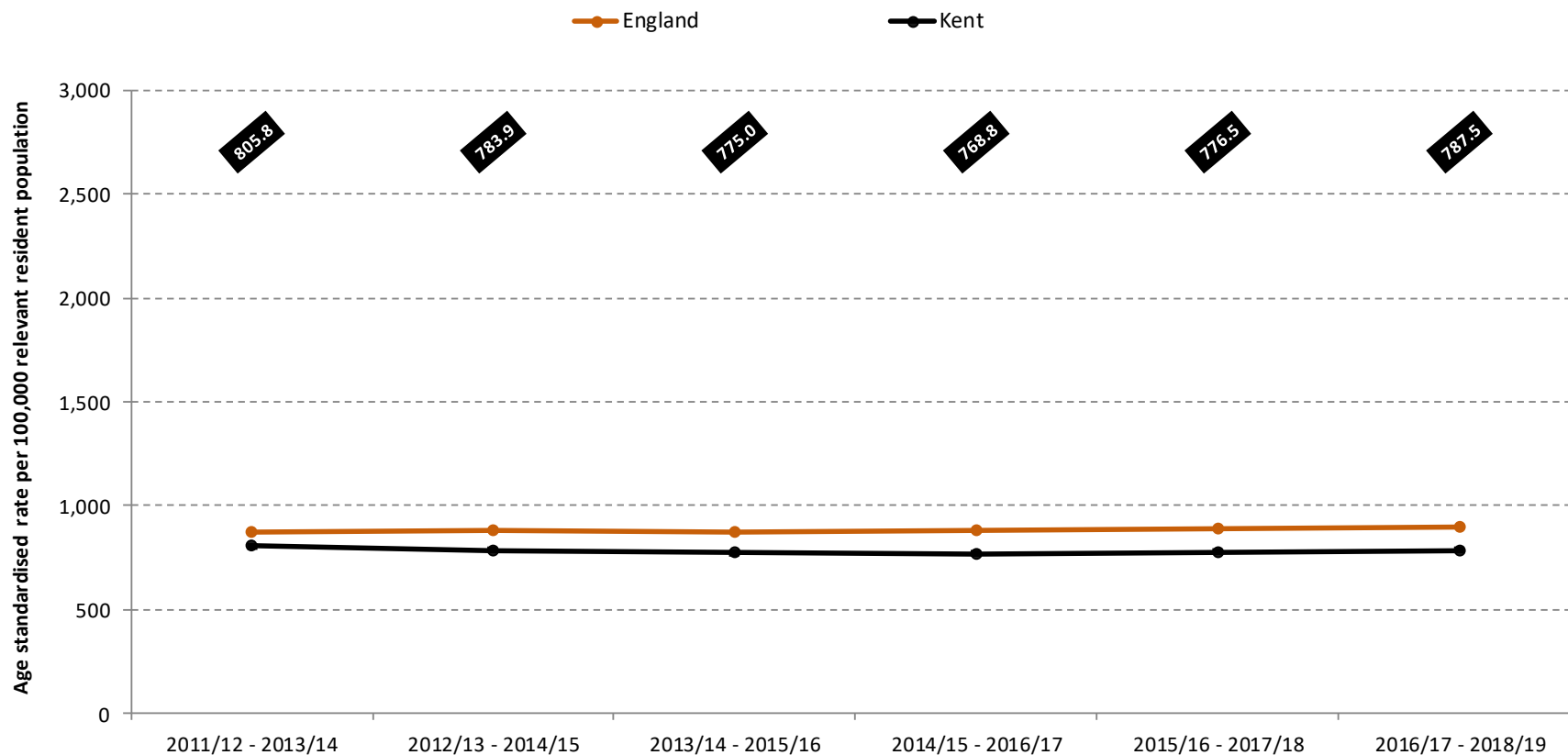


Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (ZC), Jan -20



## Avoidable emergency hospital admissions for chronic ambulatory care sensitive conditions: trend

Age standardised rate per 100,000 resident population, persons, 2011/12 - 2013/14 to 2016/17 - 2018/19

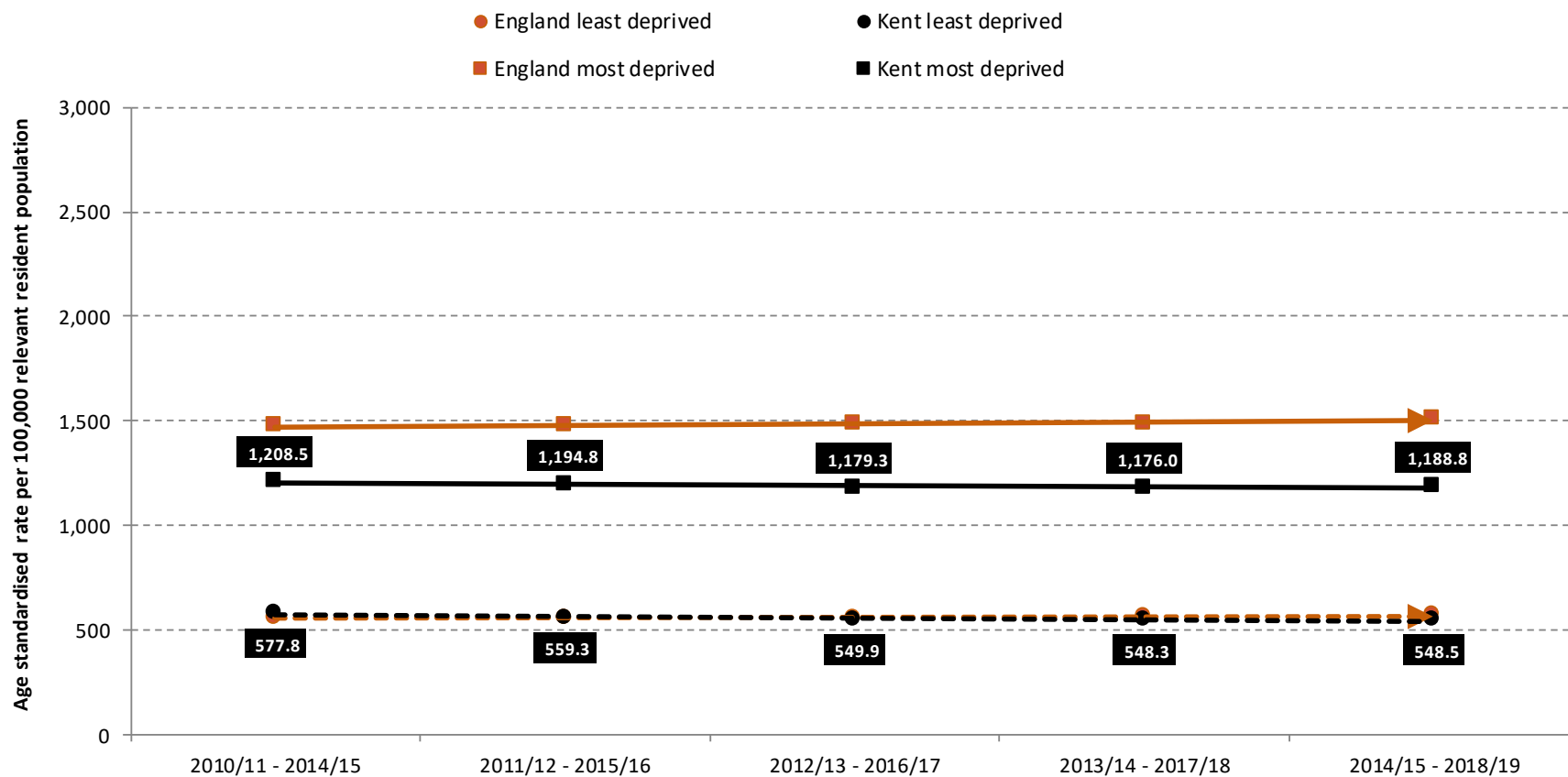


Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (ZC), Jan-20



# Avoidable emergency hospital admissions for chronic ambulatory care sensitive conditions: by deprivation

Age standardised rate per 100,000 resident population, persons, 2010/11 - 2014/15 to 2014/15 - 2018/19



Least deprived trend - stable compared with a increasing trend for England

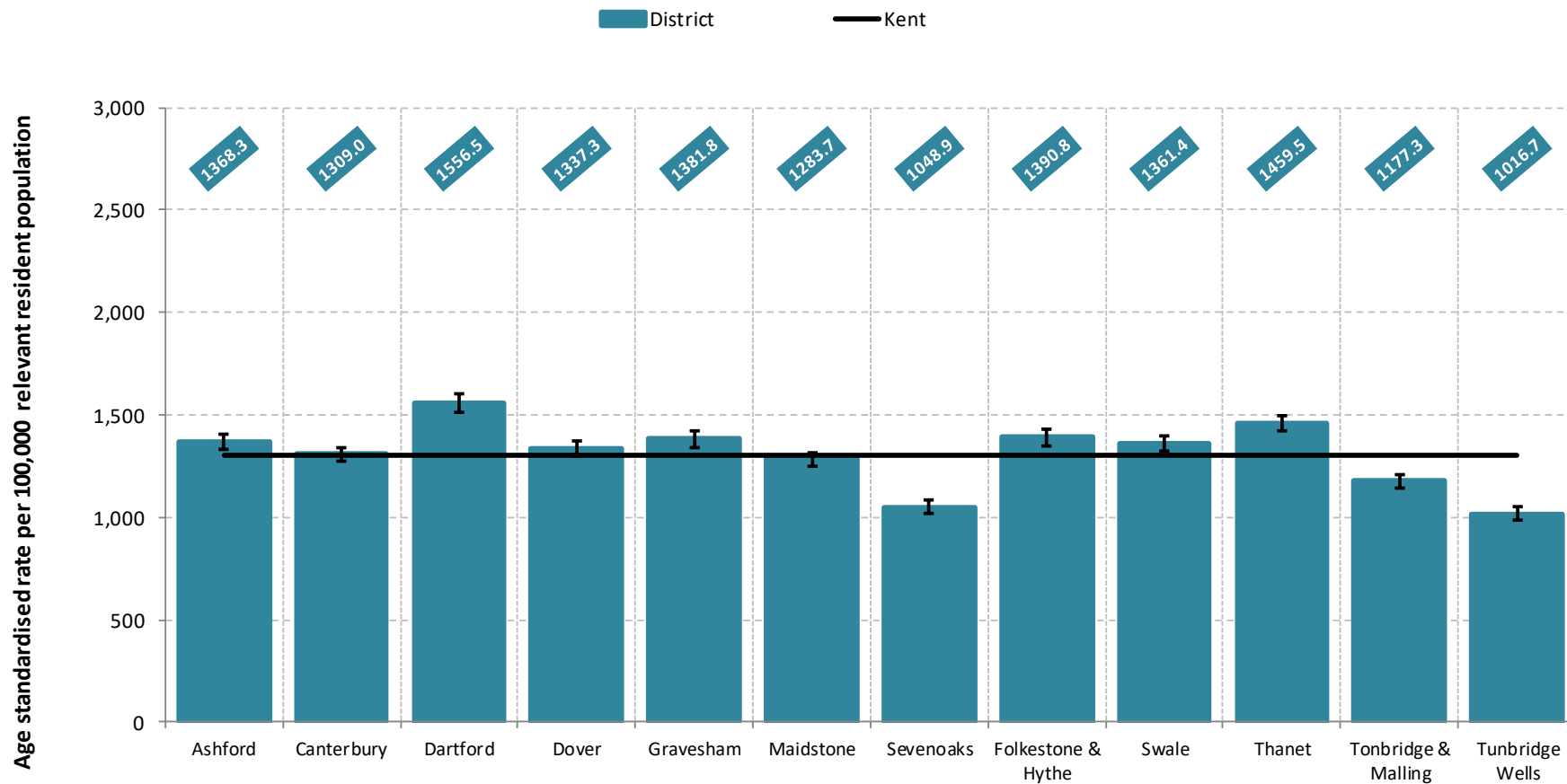
Most deprived trend - stable compared with a increasing trend for England

Source : Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (ZC), Jan -20



# Avoidable emergency hospital admissions for acute conditions: by district

Age standardised rate per 100,000 resident population, persons, 2016/17-2018/19



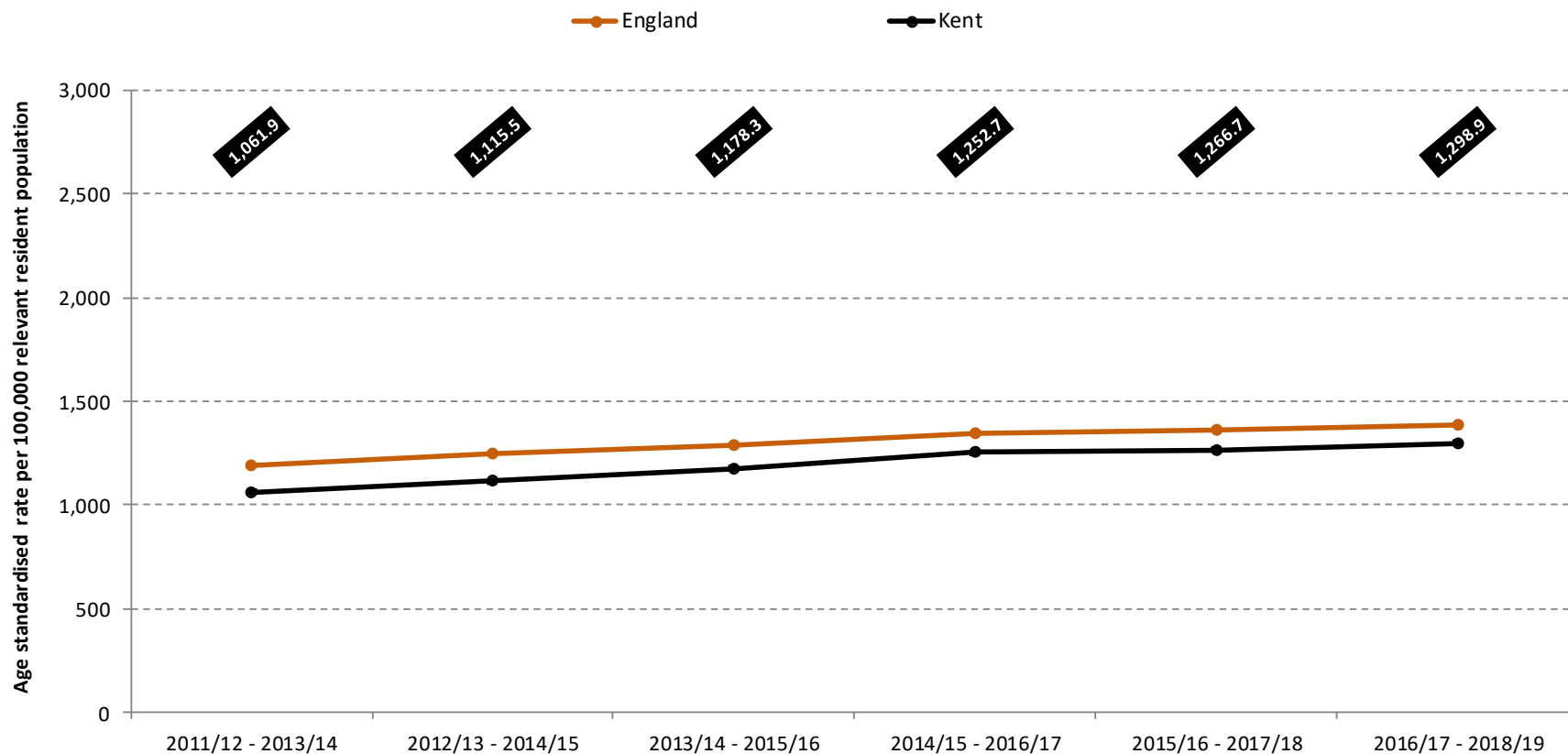
Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (ZC), Jan -20





# Avoidable emergency hospital admissions for acute conditions: trend

Age standardised rate per 100,000 resident population, persons, 2011/12 - 2013/14 to 2016/17 - 2018/19

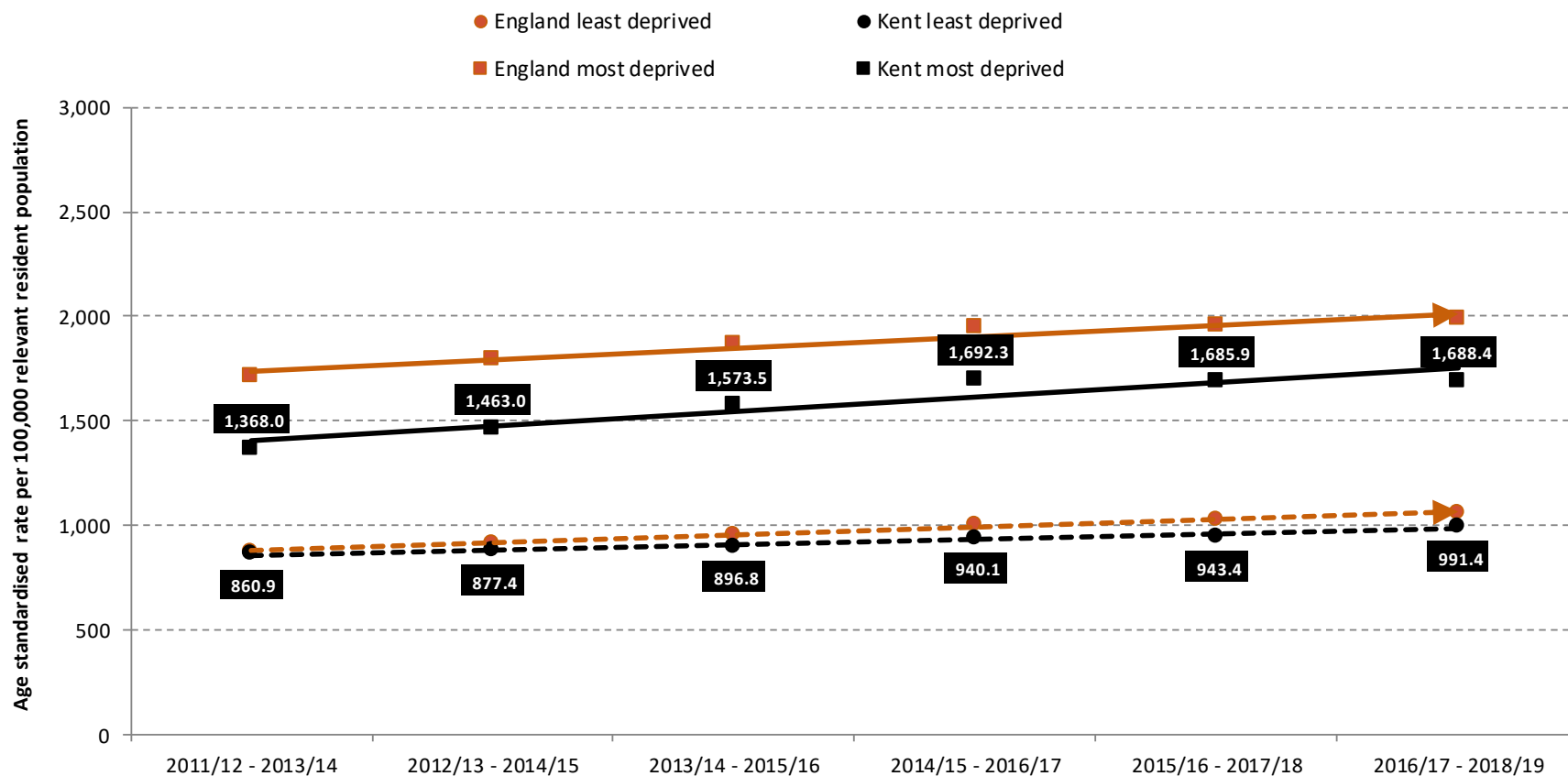


Source: Hospital Episode Statistics (HES), NHS Digital, ONS, prepared by KPHO (ZC), Jan-20



# Avoidable emergency hospital admissions for acute conditions: by deprivation

Age standardised rate per 100,000 resident population, persons, 2011/12 - 2013/14 to 2016/17 - 2018/19



Least deprived trend - increasing with a slower pace of change than England

Most deprived trend - increasing with a similar pace of change to England

Source: <Select>, prepared by KPHO (ZC), Jan-20



# Lifestyle

Excess weight

Physical activity

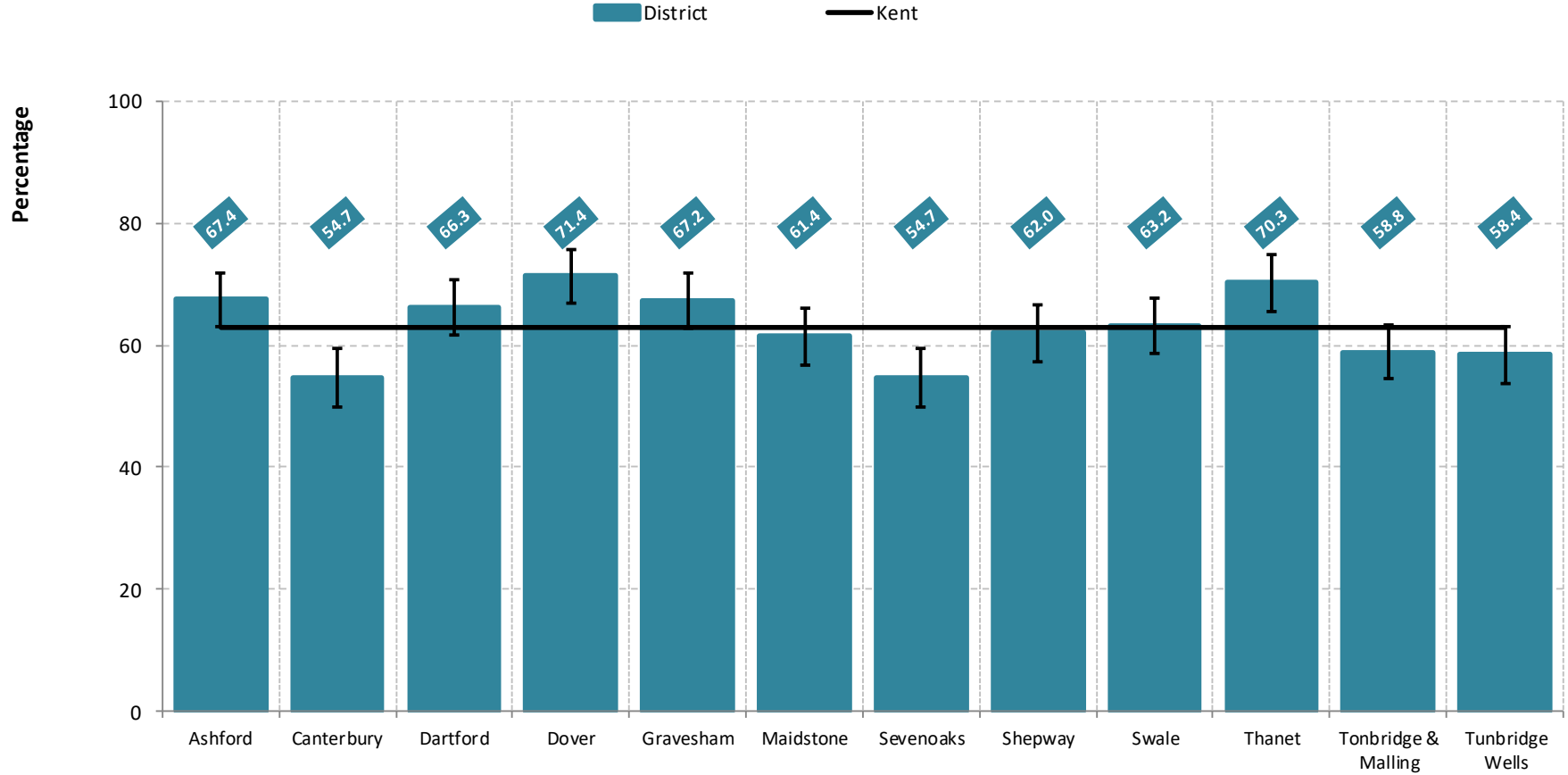
Smoking

Fruit and vegetable consumption



# Adults classified as overweight or obese: by district

Percentage of adults (aged 18+) classified as overweight or obese, 2017/18

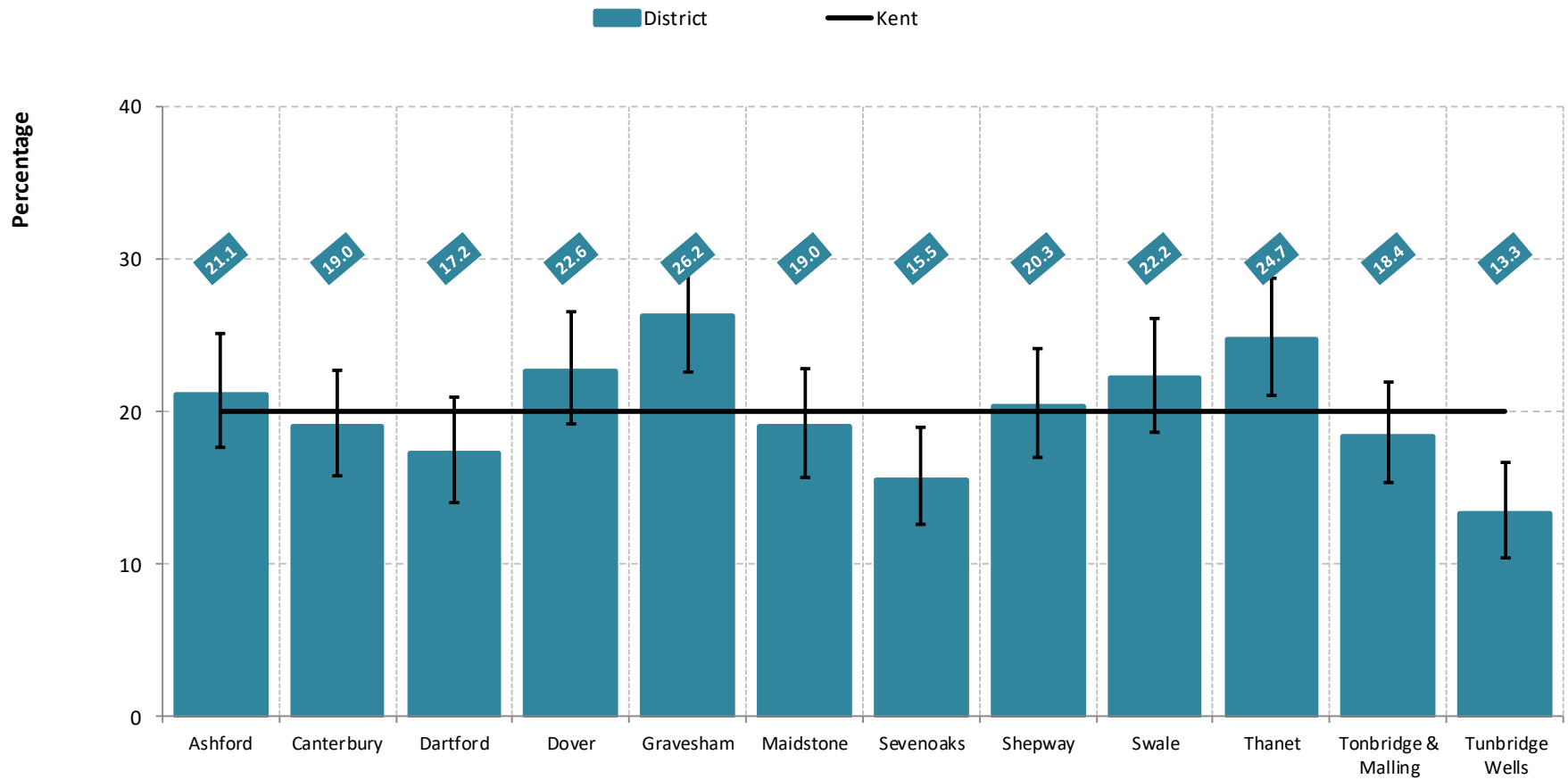


Source: Public Health England (based on Active Lives survey, Sport England), prepared by KPHO (LLY), May-19



# Physical inactivity in adults: by district

Percentage of adults (aged 19+) that are physically inactive (<30 moderate intensity equivalent minutes per week), 2017/18

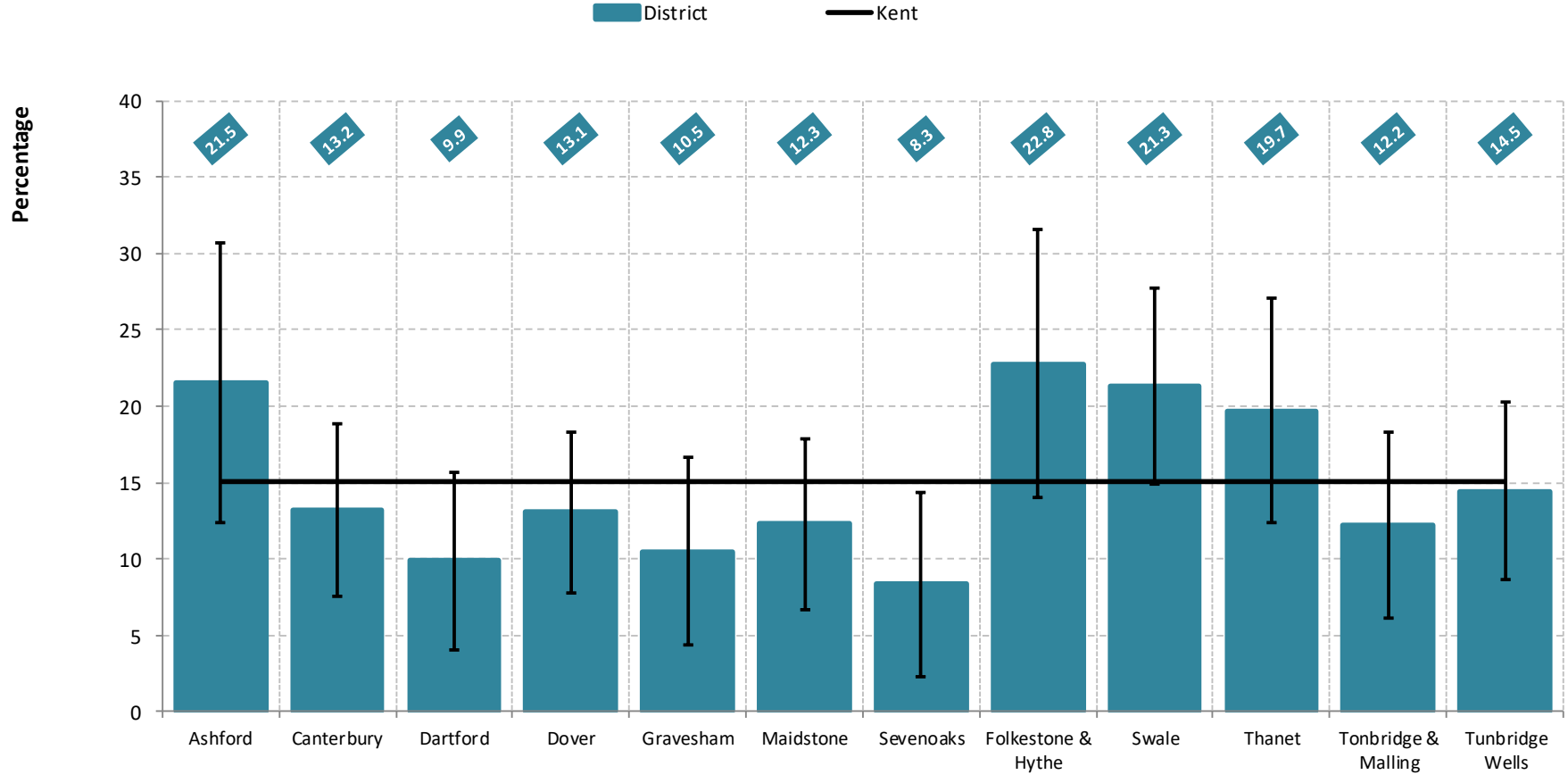


Source: Public Health England (based on Active Lives, Sport England), prepared by KPHO (SR), Jun -19



# Smoking prevalence in adults: by district

Percentage of adults (aged 18+) who are self-reported smokers, 2018

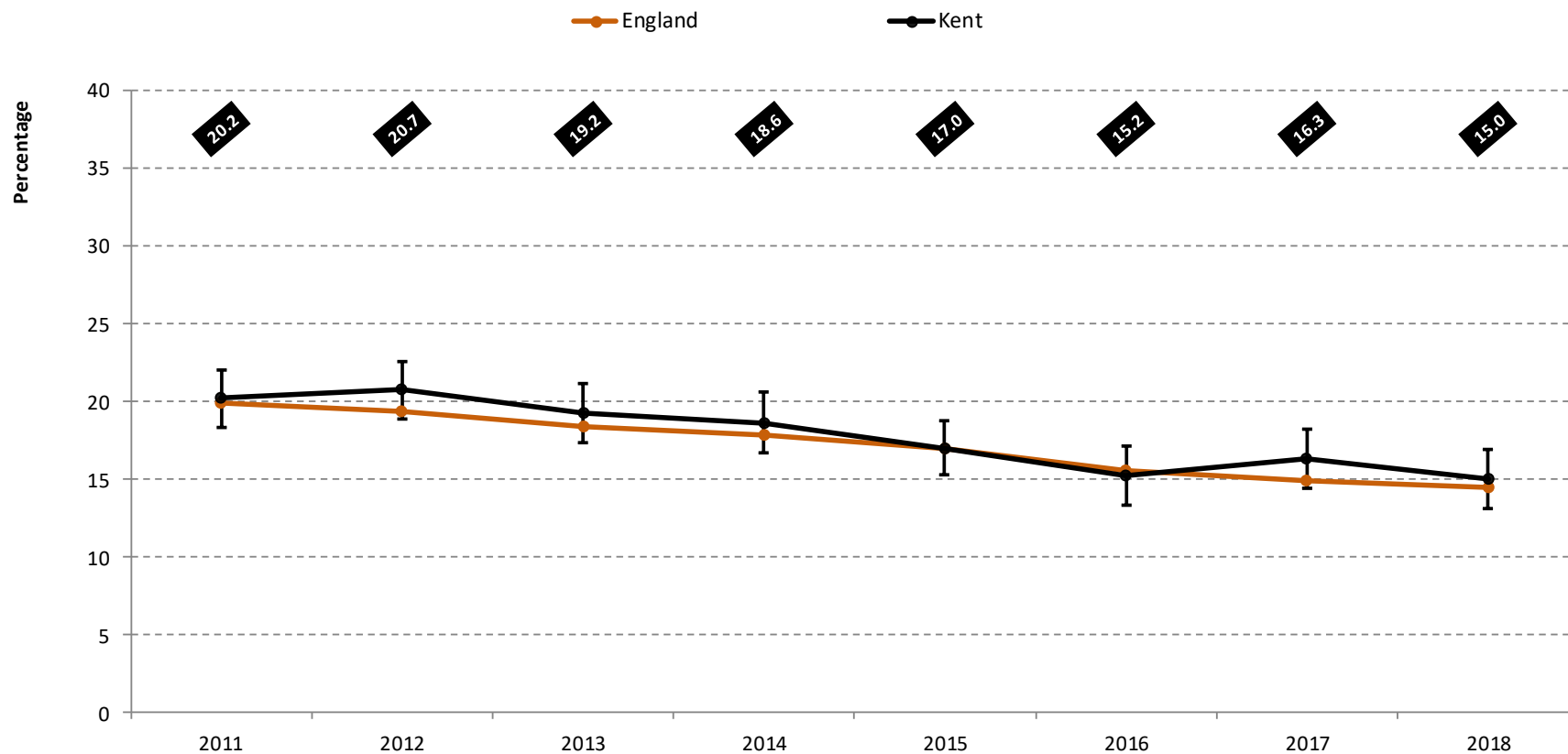


Source: Annual Population Survey (APS), prepared by KPHO (MP), Nov-19



# Smoking prevalence in adults: trend

Percentage of adults (aged 18+) who are self-reported smokers, 2011 to 2018

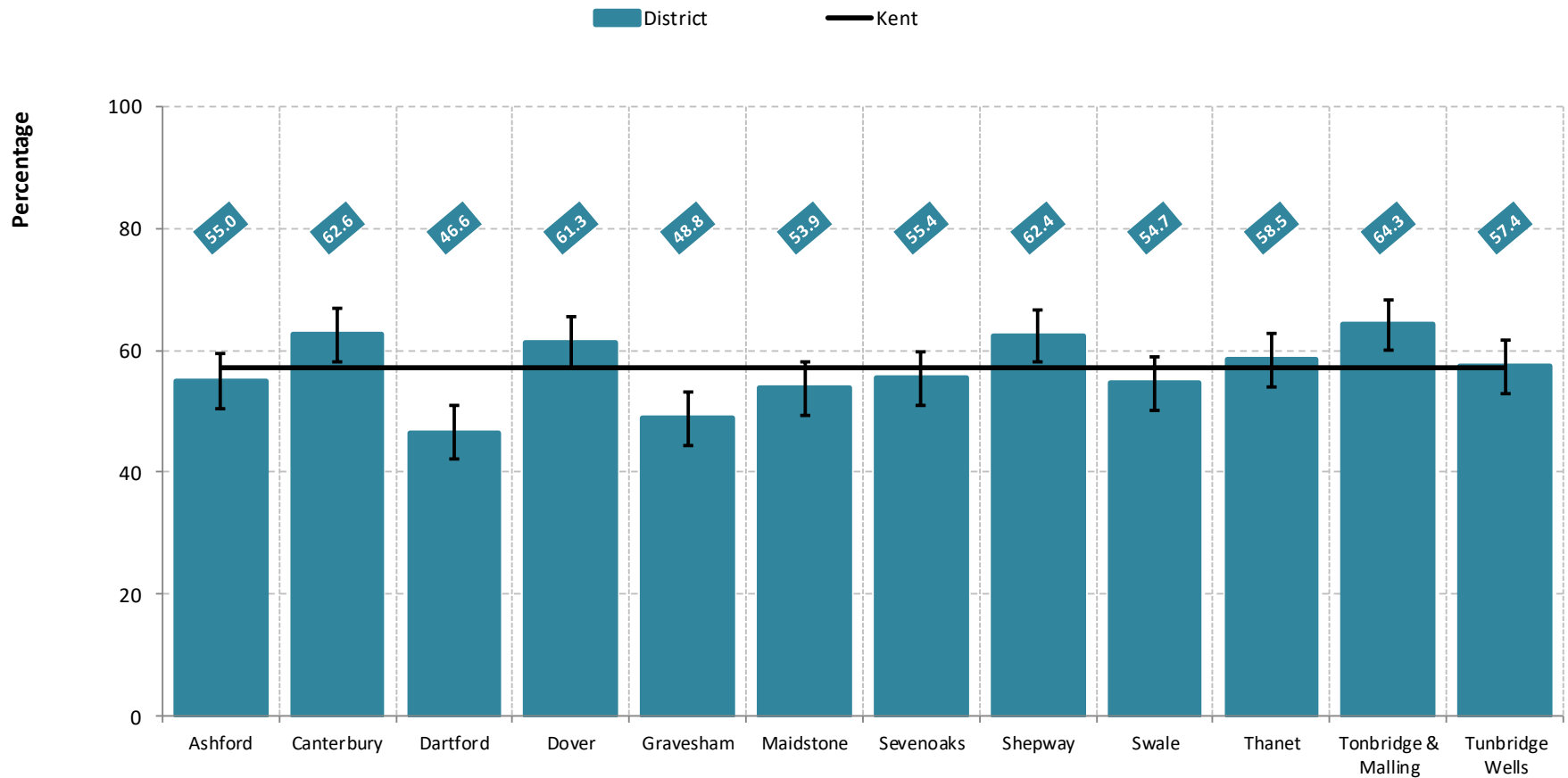


Source: Annual Population Survey (APS), prepared by KPHO (MP), Nov-19



# Fruit and vegetable consumption in adults: by district

Percentage of adults (aged 16+) meeting the recommended '5-a-day' on a 'usual day', 2017/18



Source: Public Health England (based on Active Lives, Sport England), prepared by KPHO (SR), Jun -19





# Multimorbidity

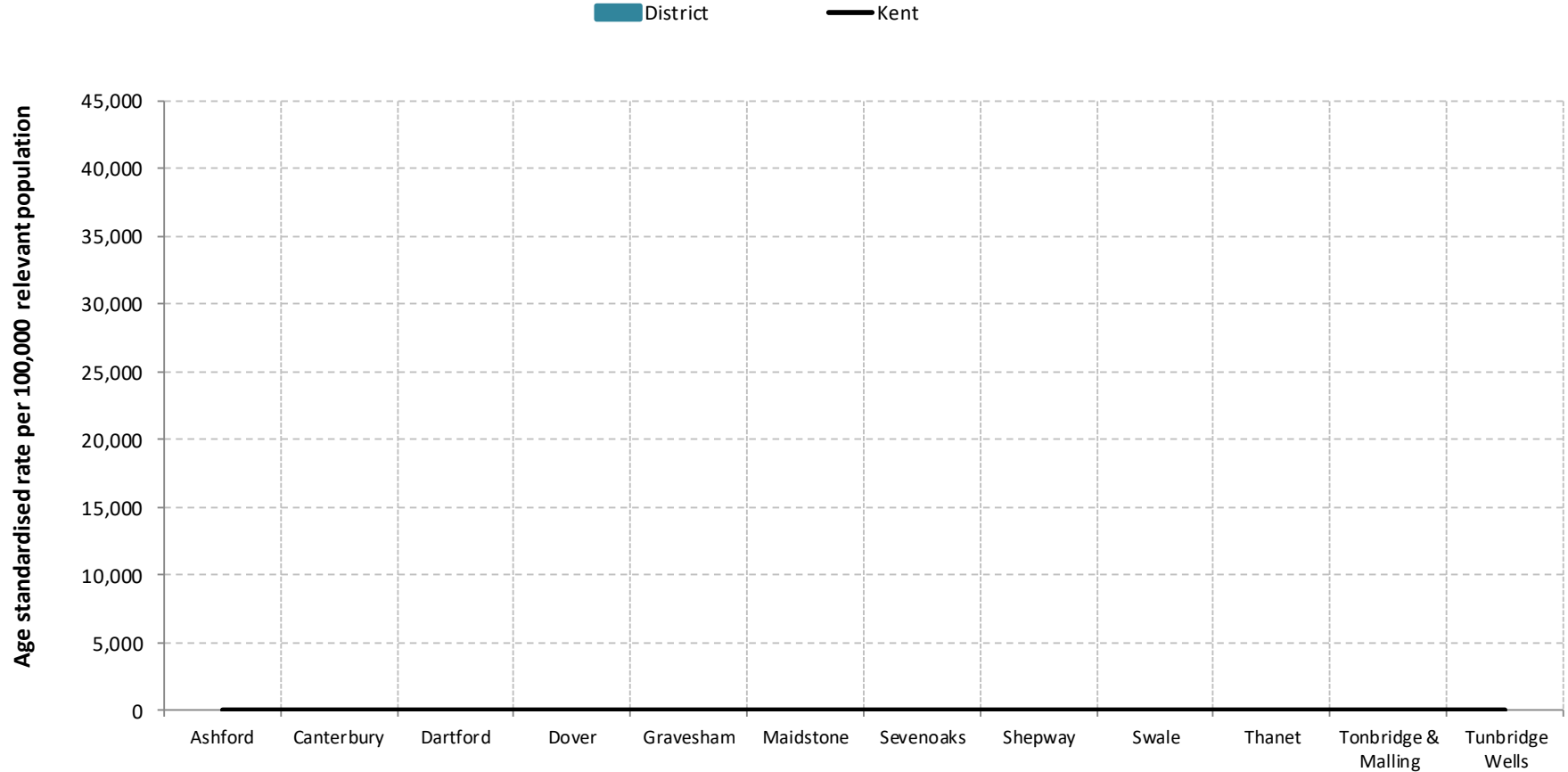
Multimorbidity prevalence

Prevalence of long term condition combinations



# Multimorbidity (developmental statistics): by district

Patients (aged 25 years and over) recorded by their GP as having 2 or more long-term conditions, analysis is restricted to GP practices flowing data into the KID at time of the analysis, 2019

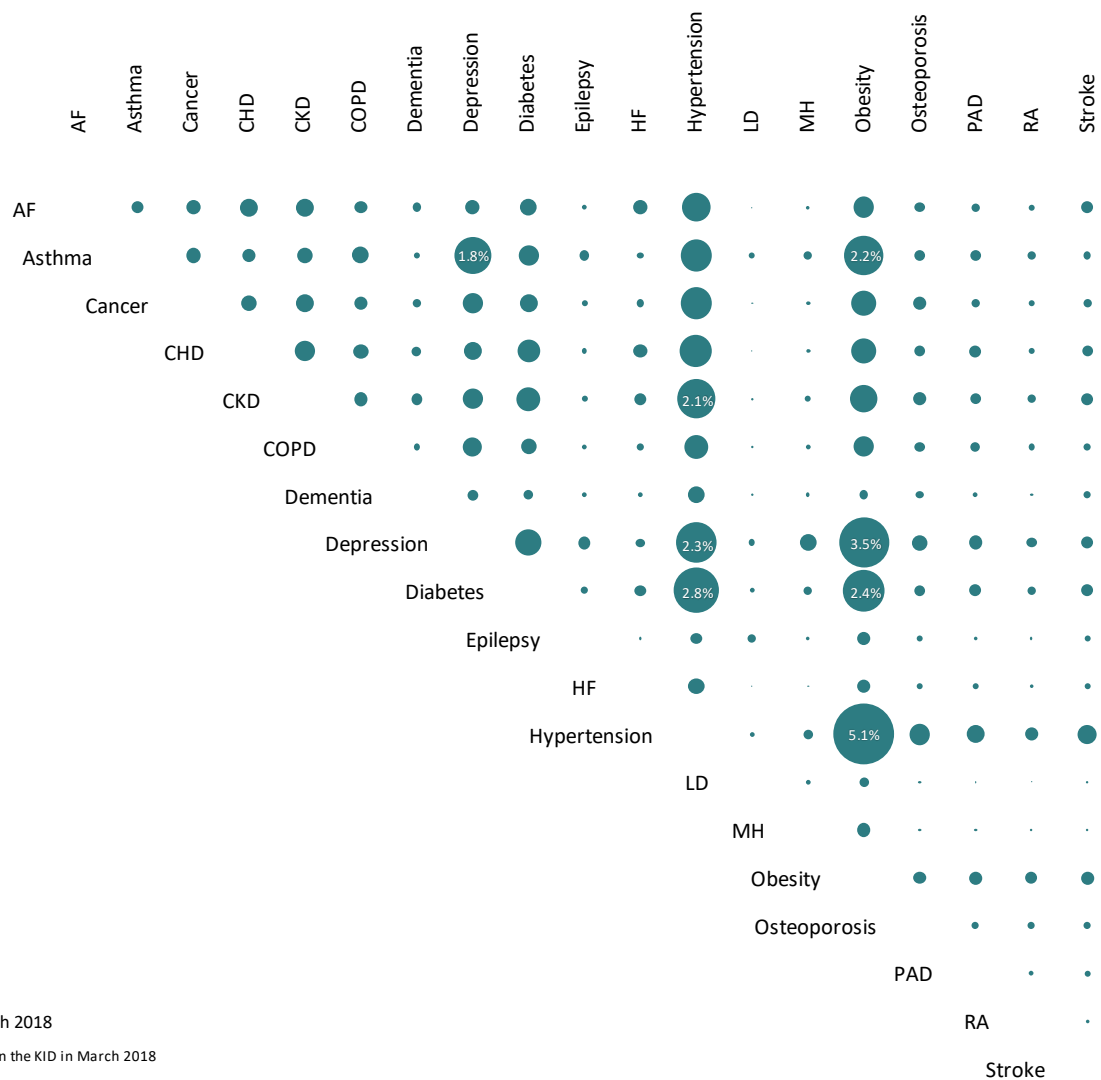


Source: Kent Integrated Dataset (KID), prepared by KPHO (LLY), Aug-19



## Multimorbidity (developmental statistics): Prevalence of long term condition combinations

Patients recorded by their GP as having specific combinations of long term conditions, Kent, March 2018



Source: Kent Integrated Dataset (KID), prepared by KPHO (TG), March 2018

\* Figures relate to persons resident in Kent and registered at a GP participating in the KID in March 2018

