STARTING WELL CHILDREN & FAMILIES

POPULATION: 0-19 YRS

CHILDREN IN CARE
57/10,000
(1,900 children)
England: 62/10,000

ATTAINMENT

74.2% of Foundation Stage pupils achieve a good level of development in Kent (England: 70.7%)

CHILD POVERTY
Children in low income families (under 16s)
18.4%
(England: 20.1%)

OVERWEIGHT & OBESITY
EXCESS WEIGHT

4-5 year olds
24.4%
(England: 22.6%)

10-11 year olds
32.8%
(England: 34.2%)

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SMOKING IN PREGNANCY
Smoking status at time of delivery
13.8%
(England: 10.7%)

TEENAGE PREGNANCY
Under 18 conceptions (Females 15-17)
20.6/1,000
(England: 20.8/1,000)

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**POPULATION: 20-64 YRS**

**ONS population estimates 2016**

- **56.1%**

**SEXUAL HEALTH**

- **New HIV diagnosis rate (aged 15+)**
  - 4.8/100,000 (England: 10.3/100,000)

- **New STI diagnoses (exc. chlamydia, aged <25)**
  - 536/100,000 (England: 795/100,000)

- **Chlamydia detection rate (aged 15-24)**
  - 1,212/100,000 (England: 1,882/100,000)

- **Total prescribed LARC excluding injections rate**
  - 47.8/1,000 (England: 46.4/1,000)

**MENTAL HEALTH**

- **Depression: Recorded prevalence (aged 18+)**
  - 8.5% (England: 8.3%)

**SMOKING**

- **Smoking prevalence in adults – current smokers (aged 18+)**
  - 15.2% (England: 15.5%)

**OVERWEIGHT & OBESITY**

- **Excess weight**
  - 61.4% (England: 61.3%)

**ALCOHOL**

- **Adults drinking over 14 units a week**
  - 27.7% (England: 25.7%)

- **Adults binge drinking on heaviest drinking day**
  - 15% (England: 16.5%)

**SEXUAL HEALTH**

- **Long-term conditions**
  - **Diabetes:** QOF prevalence (17+)
    - 6.4% (England: 6.5%)

  - **Hypertension:** QOF prevalence (all ages)
    - 14.7% (England: 13.8%)

  - **Coronary Heart Disease:** QOF prevalence (all ages)
    - 3.1% (England: 3.2%)

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The Quality and Outcomes Framework (the QOF) is the system through which GP practices are rewarded for undertaking specified clinical activities and achieving specific treatment standards.
AGEING WELL  OLDER PEOPLE

POPULATION: 65+ YRS

19.8%

Projected growth by 2021
↑14.0%

Percentage of population between 65 and 74 years of age: 10.9% (169,200)

Percentage of population between 75 and 84 years of age: 6.1% (95,000)

Percentage of population over 85 years of age: 2.7% (41,700)

ONS population estimates 2016

EXCESS WINTER DEATHS

Percentage of deaths above the mortality rate if it was stable throughout the year

18.8%
(England: 17.9%)

PHE Finger Tips 2013-2016

FALLS AND FRACTURES

Hip fractures 1,761 patients over 65 years of age were admitted to hospital as emergency admissions with hip fractures

Number of hospital admissions due to falls 6,337

PHE Finger Tips 2013-2016

MULTI-MORBIDITY

56%

Over half of those aged 70 and above have 2 or more QOF long term conditions

Kent Integrated Dataset, 2018

HEART DISEASE / STROKE

People under 75 suffer an early death due to heart disease and stroke

64.6/100,000
(England: 73.5/100,000)

PHE Finger Tips 2014-2016

DEMENTIA

Dementia: Recorded prevalence (aged 65+)

4.1%
(England: 4.3%)

PHE Finger Tips 2017

END OF LIFE CARE

Place of death

Hospital deaths: 42% (England: 47%)

Home deaths: 21% (England: 23%)

Care home deaths: 25% (England: 23%)

Hospice deaths: 9% (England: 6%)

Other: 3% (England: 2%)

PHE Finger Tips 2017

CARERS

10.4%  (England: 10.2%)

Number of carers 151,777

Census 2011

PHE Finger Tips 2017

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PHE Finger Tips 2017
Our health as individuals is shaped by the conditions in which we are born, grow, live, work and age. We measure health inequalities, the differences in health outcomes within and between communities, through health statistics such as life expectancy or rates of death.

The Index of Multiple Deprivation (IMD) is the official measure of deprivation for small areas in England. The IMD ranks every small area in England from 1 (most deprived area) to 32,844 (least deprived area). The IMD combines information from 7 areas: income, employment, education, health and disability, crime, barriers to housing and services, living environment.

Mortality rates in Kent have been falling, but the ‘gap’ between the most deprived and least deprived remains the same.

The most deprived populations have worse life expectancy than the least deprived.
RATIONALE FOR CONTENT
This report provides a simple infographic summary of some of the key health and wellbeing issues in Kent. It is designed to be helpful for partner organisations of the County Council, as well as the wider public.

The health measures we have presented are indicative of the issues raised in the Kent Joint Strategic Needs Assessment, and are reported under three important life stages (Starting Well, Living Well and Ageing Well). Data for Kent has been compared to averages for the whole country wherever possible.

DATA INCLUDED
This report was produced in February 2018 and the data used was the most up to date at the time of publication. All the measures presented have sources and dates. High level links have been provided below, from which you will be able to find further detailed information. A link to the full Joint Strategic Needs Assessment is also provided.

DEVELOPMENT OF THE JSNA
This version of the report is published in our online JSNA as a useful document to share with partner organisations of the County Council, and the wider public. We are, however, currently reviewing the way we develop and create our JSNA with the objective of providing a product that better meets with the expectations of our partners and others engaged with the JSNA process.

WEBLINKS
Key sources of data for this report include:

Kent JSNA
https://www.kpho.org.uk/joint-strategic-needs-assessment/jsna-overview-and-exception-reports#tab1

Kent Facts and Figures

Public Health England Fingertips Tool
https://fingertips.phe.org.uk/

NHS Digital
http://content.digital.nhs.uk/home

Office for National Statistics
https://www.ons.gov.uk/

Government statistics
https://www.gov.uk/government/statistics